



The WPA website with a new face and infrastructure

We are pleased to announce that the WPA website has been reconstructed and redesigned lately, aiming a website that is easy to browse for the users, easy to manage for the webmasters and editor, and with a higher quality content and aesthetics based on a well developed infrastructure.

The home page has been shortened and packed, hence made suitable for a user's eye to track. The contents of the home page are now more systematic and categorized. All of these changes will make it easier for the users to follow the content and give priority according to their own needs. A lateral navigation and menu system is developed so that users can browse easier. For navigation aid a "breadcrumb trail system", that gives users a way to keep track of their locations within documents, is applied so that users can know how they get there while browsing.

The infrastructure is categorized and the database is dynamically coded to manage any item used in the site. All of the pages and contents are now coded systematically. The interactive materials on the website are renamed and uploaded according to their locations in the main navigation. This new system of documents provides content usability in the website and also in the administration area.

I am especially grateful to the WPA EC Members and our Administrator, Anna Engström, for their support and guidance. Our new webmasters, Hande Kiziltug and Cem Calistiran from the Istanbul-based agency "Saglik Bahcesi" had been working for this project for more than 6 months with great enthusiasm and their skillful efforts are highly appreciated.

I hope you will continue to help us in improving the quality of our website by sending your comments and suggestions.

Psychiatrists of the world are kindly invited to visit the www.wpanet.org with a new face and infrastructure.

Levent Küey
Editor, WPA News

Mistakes to avoid in the implementation of community mental health care



Mario Maj
President
World Psychiatric Association

In the June issue of World Psychiatry, we publish the first WPA guidance produced as part of the WPA Action Plan 2008-2011, dealing with steps, obstacles and mistakes to avoid in the implementation of community mental health care. Two further documents are almost ready and will soon appear in the journal: the WPA guidance on how to combat stigmatization of psychiatry and psychiatrists, and the WPA guidance on mental health and mental health care in migrants.

The guidance on the implementation of community mental health care can be regarded as a "second-generation" document in this area, because it takes advantage of the experience of the countries in which the development of community care has been most active, to point out not only what has to be done to implement the process, but also the errors which should not be repeated.

In this latter respect, the document contains several important statements, which I will now list and discuss briefly.

A balanced care model. The guidance affirms unambiguously that our objective should not be the complete, although gradual, shifting from hospital-based to community-based psychiatric care, but "the reform of mental health services according to an evidence-based approach, balancing and integrating elements of both community and hospital services". We have learnt from experience that public hospital beds are necessary in psychiatry (i.e., it is not true, as sometimes asserted, that "psychiatry does not need any beds"). While community mental health care is developed, the dignity and quality of hospital care must be secured. Hospital and community services have to be integrated, in order to ensure continuity of care, and the general hospital should be a

place where psychiatry actively interacts with other medical specialties.

Preserving psychiatrists' clinical skills. The guidance states explicitly that there is a need to "cultivate psychiatrists' clinical skills, so that they are preserved in spite of the variety of new commitments". A psychiatrist who has become a first-class expert in furnishing residences in the community, but is not able to diagnose an organic psychosis or to plan the treatment of a girl with anorexia nervosa, should not be proud of himself. In order to be really useful to the community (and to other professionals, whom they are supposed to train), psychiatrists have to bring to the community their clinical expertise. The practice of community care will certainly enrich psychiatrists' skills, but the new skills will have to be added to the traditional ones, not to replace them.

Avoiding an exclusive focus on psychotic conditions. The guidance mentions, among the "issues that may compromise the integrity of community based services", "an exclusive focus on psychotic conditions, so that the vast majority of people with mental disorders are neglected or dealt with by professionals who do not have the appropriate expertise". A community mental health service with an identified catchment area whose human resources are almost exclusively used to address all the needs of twenty or thirty chronic psychotic patients, while all other people with mental disorders in the catchment area are even not aware of the existence of the service, is not really fulfilling its mandate. The appropriate resources and synergies must be developed in order to ensure an adequate coverage of the whole range of mental disorders existing in the community.

Protecting patients' physical health. The guidance is probably the first of its kind to highlight

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the neglect of patients' physical health as an issue which may compromise the integrity of community based services. Indeed, the fact that professionals of a community service may not be motivated to deal with physical problems of their patients, or that the service is far away from any hospital, is not a good reason to allow deterioration of patients' physical health. The appropriate synergies with general practitioners in the relevant catchment area must be developed. Furthermore, the fact that antipsychotic medications are not regarded by the staff of the service as the most essential ingredient of care is not a good reason to use them irrationally or to ignore currently available guidelines aimed to prevent and address their side effects.

An evidence-based approach. The guidance repeatedly emphasizes the need for an evidence-based practice in the community. Indeed, the development of community care is often driven by passion and enthusiasm, but passion and enthusiasm are not sufficient to manage mental disorders. These disorders require evidence-based interventions, which must be available in all community mental health services. Community care cannot be a continuing, unlimited experiment (and experimentation has its rules, which should apply also to this case). Furthermore, it should be clear that community care "can allow treatment to be offered to a patient, but is not the treatment itself" (1). What is actually done in the community is not a marginal issue; it is the essence of the problem.

Avoiding linkage of mental health care with narrow political interests. The guidance affirms that "a common mistake is linking inappropriately the reform of mental health care with narrow ideological or party political interests". This bold statement, which appears for the first time in a document of this

kind, will certainly be welcome by many psychiatrists. Ideological fanaticism has been, in fact, in several countries a major source of derailment of the process of development of community care and of division of the mental health movement.

The need for a carefully considered sequence of events. The guidance emphasizes the need for "a carefully considered sequence of events linking hospital bed closure to community service development". Indeed, it is not uncommon that hospital-based services are closed without sustainable alternatives in the community. The transfer of chronic patients from a very "visible" public mental hospital, which *must* be closed, to "invisible" (and uncontrolled) private facilities has been unfortunately a not rare modality of deinstitutionalization. For thousands of other people, as repeatedly reported in the literature, the landing place has been a street or a prison.

Long-term planning is essential. The guidance clearly and repeatedly points out that the implementation of community mental health care requires a strong and continuing commitment by the relevant administrations, and that planning (including investments in terms of facilities, staff and training) should be made on a long-term basis. Furthermore, a long-term monitoring of the process is essential, and such indicators as suicide rates, family burden and mental health problems in prison populations should be continuously evaluated, in addition to patients' clinical outcomes, perceived quality of life and satisfaction with care.

The importance of psychosocial rehabilitation and social inclusion. The guidance repeatedly mentions psychosocial rehabilitation and social inclusion of people with mental disorders as crucial aspects of community mental health care. Having transferred a chronic pa-

tient from a mental hospital to a residence in the community, where he will stay forever, is not sufficient, if the patient is left there with just a minimal basic assistance.

Empowerment of families is a priority. The need to involve carers, as well as users, in the process of development of community mental health care is repeatedly emphasized in the guidance. Indeed, it has happened too often that families of discharged patients with severe mental illness have been left alone with their problem, without any kind of practical and emotional support. Overlooking or minimizing this issue is unjust and dishonest, especially since evidence-based family interventions are now available and have been proved to be effective.

The WPA supports the development of community mental health care worldwide, so that people with mental disorders can have services available as close as possible to their locality, can be treated in the least restrictive environment, and can maintain their links with the community. We expect the implementation of community mental health care to improve patients' clinical outcomes, perceived quality of life and satisfaction with care. On the other hand, there are lessons we have learnt from the experience of those countries in which the development of community care has been most active in the past few decades. By its guidance, the WPA intends to reaffirm its support to the process and to bring these lessons to the attention of psychiatrists (as well as other professionals and policy makers) of countries in which the development of community mental health care has just started or is going to start in the near future.

Reference

1. Thornicroft G. Testing and retesting assertive community treatment. *Psychiatr Serv* 2000; 51:703.

■ THE HAITI EMERGENCY

The first psychiatrist recruited to serve in Haiti as part of the WPA-WHO collaboration has started his mission. His name is Kent Ravenscroft. He has been Training Director in Child and Adolescent Psychiatry at both George Washington and Georgetown Universities. He speaks French and Creole in addition to English. He lived in Haiti in the past and has been a consultant to Rotberg's book "Written in Blood", a social and economic history of Haiti. He has a long experience in dealing with mental health consequences of traumas.

■ THE CHILE EMERGENCY

The WPA has expressed its availability to help in dealing with the mental health consequences of the disaster which struck Chile. The WPA leadership is in contact with the Mental Health Focal Point in the PAHO/WHO Representation in Chile, Armando Vasquez.

■ NO HEALTH WITHOUT MENTAL HEALTH

A WPA international call for research proposals

The World Psychiatric Association (WPA) is the largest association active in the mental health field worldwide, with 135 Member Societies (national psychiatric societies), representing more than 200,000 psychiatrists, and 65 Scientific Sections.

In the WPA Action Plan 2008-2011, one of the objectives is to foster the collabora-

tion between psychiatry and other medical specialties, in all regions of the world, in exploring and addressing the multiple inter-relationships between mental disorders and physical diseases.

As one of the activities pursuing this objective, the WPA will fund an innovative international project involving research centres in psychiatry and at least one other medical specialty, investigating the epidemiology, pathogenesis, social implications, cultural variation and/or management of the comorbidity between one or more mental disorders and one or more physical diseases.

Proposals will have to include a description of the project (max. 1200 words), a list of the participating centres, a timetable, a detailed budget, and a short curriculum vitae of the proposed leaders of the project (a lead psychiatrist and a lead specialist of another medical branch).

Proposals should be sent by e-mail to the WPA Secretariat (wpasecretariat@wpanet.org) by June 30, 2010.

■ ACTION PLAN 2010 OF THE WPA EARLY CAREER PSYCHIATRISTS COUNCIL

1. WPA website

The Council will develop its own section in the WPA website. The area coordinators will interact by teleconference or e-mail to agree about the contents to be posted in this section. For technical assistance, they will be in contact with the WPA Secretariat.

2. WPA News

The Council will have at its disposal up to two pages in each issue of the WPA News. The materials will have to be sent to the WPA Secretariat.

3. World Psychiatry

The Council is welcome to submit papers (in particular, Mental Health Policy Papers and pieces for the WPA News section) for publication in *World Psychiatry*. The area coordinators are welcome to write and sign a piece (900-1000 words) on the establishment of the Council and its Action Plan.

4. Papers/documents on psychiatric education and other issues

Europe I and II will produce a joint paper/document on training in psychotherapy in European countries. Europe II, Africa/Middle East and Americas will produce papers/documents on psychiatric education in their

regions. Europe I will later write a paper on what happens to early career psychiatrists after training. Asia/Australasia is interested in the issue of stigmatization of people with mental disorders and of psychiatrists: they may produce a paper on this and be in contact with the coordinators of the WPA projects already ongoing on these issues. Africa/Middle East will produce a paper on choosing psychiatry as a career and will consider writing a paper/document on training of nurses on mental health issues.

5. Depression and physical diseases

All areas are interested to contribute to the translation/adaptation of the slides of this WPA programme. The area coordinators will send to the President a list of the colleagues who will participate, indicating the languages which will be covered.

6. Section for the general public of the WPA website

The Council is interested in participating in this project. It will wait for input from the WPA Secretary General and Secretary for Education.

7. WPA Scientific Meetings

There are already plans for participation of the Council with one or more sessions in the Regional Meetings to take place in St. Petersburg (June 2010) and Cairo (January 2011). Drs. Lattova and El Kholy will coordinate the relevant efforts. Dr. Brahmhatt will explore whether it is still possible to

organize a session for the Regional Meeting to be held in Dhaka (January 2010) and will be in contact with the organizers of the International Congress to be held in Beijing (September 2010). The area coordinators will receive the second announcement of the 15th World Congress of Psychiatry (Buenos Aires, September 2011) and will start planning the participation of the Council in that Congress. An assembly of the Council will take place on that occasion.

8. WPA Scientific Sections

Council members and all early career psychiatrists are welcome to join the WPA Scientific Sections. The Council will consider having an official representative in one or more Sections. If there are any problems in contacting the Chairpersons of the Sections, the President and the Secretary for Sections are available to help.

9. WPA fellowships, research projects, train-the-trainers workshops

Council members and all early career psychiatrists are welcome to apply for WPA fellowships and for participation in WPA train-the-trainers workshops, and to join networks submitting research projects to the WPA for financial support.

■ SELECTED FELLOW FOR THE WPA RESEARCH FELLOWSHIP

World Psychiatric Association

In collaboration with the

Institute of Psychiatry, King's College London, United Kingdom

The World Psychiatric Association, as part of its Action Plan 2008-2011, has launched a programme of research fellowships for early-career psychiatrists from low- or lower-middle income countries, in collaboration with internationally recognized Centers of Excellence in Psychiatry.

Within this programme, the World Psychiatric Association is funding a one-year international mental health research fellowship in collaboration with the Institute of Psychiatry, King's College London.

The Institute of Psychiatry's program in international mental health focuses upon the interface between mental health and

many acknowledged priorities in global health, such as maternal and child health, HIV and other infectious diseases, suicide, migration and chronic diseases.

The successful candidate will spend one year attending two short course modules (mental health services research and international mental health), followed by a research internship based in the Institute of Psychiatry's Health Service and Population Research Department. In addition to attending departmental and Institute of Psychiatry educational programs (journal club, case conferences, grand rounds, Maudsley debates, epidemiology interest group, Health Service and Population Research Department seminars), the fellow is expected, with supervision and support, to either develop a detailed research protocol to be implemented in his/her country, or to analyse and write up research data that he/she has previously collected, or to conduct a

secondary analysis of epidemiological data available to supervisors.

The selected fellow is Dr. Abiodun Adewuya from Nigeria. His fellowship will start in April 2010.

Forty-one applications were received by the deadline of November 30, 2009. The selection was made by Profs. Martin Prince, Shitij Kapur, and Mario Maj.



Research Fellow
Abiodun Adewuya

■ WPA TRAIN-THE-TRAINER WORKSHOPS IN SRI LANKA (2010)

The WPA is funding in 2010 a series of train-the-trainers workshops to promote the integration of mental health care into primary care in Sri Lanka. During the course of the year, 155 professionals will be trained. The training courses will be delivered at the Institute of Psychiatry of Colombo and the University of Ceylon, Kandy in June 2010, and in Jaffna, Matara and Ampara later in the year by Drs. Rachel Jenkins, Jayan Mendis, and Sherva Cooray.

The training toolkit being used is adapted for Sri Lanka from a toolkit first devised to train primary care workers in Kenya, funded by the Nuffield Foundation, UK. It consists of slides, role-plays, discussions, WPA videos, and adapted WHO primary care guidelines. This toolkit has subsequently been adapted for and used in Malawi, Iraq, and Pakistan. The WPA also funded its use in Nigeria in 2009.

The training was piloted on 26 medical officers of mental health and 5 psychiatrists in Sri Lanka in November 2009 and the materials were further tailored for Sri Lanka on the basis of that experience. The pilot training was funded by the Cooray Family Trust.

■ WPA PUBLICATIONS PROJECT ON THE DISSEMINATION OF MENTAL HEALTH RESEARCH

A WPA publications taskforce was appointed in 2008 to promote the dissemination of research from low-income and middle-income countries. It is working together with journal editors to improve the quality of their publications and to strengthen their chances of being indexed in international databases. The work of the taskforce is supported as part of the WPA Action Plan 2008-2011 and described in recent publications (see below) including a letter published in the *Lancet* in October 2009 (see below/see link). These publications note and document the striking under-representation of low-income

and middle-income countries in published psychiatric research.

Several journals whose editors have worked with the WPA project have achieved indexation in the past two years, including the recent indexation in PubMed of the high quality Indian Journal of Psychiatry under the editorship of Prof. T. S. Sathyanarayana Rao. The project has been acknowledged as contributing to these achievements.

The taskforce has the following members: Profs. Helen Herrman (Chair, WPA Secretary for Publications), Jair de Jesus Mari (Co-chair,

Mario Maj, Peter Tyrer, Vikram Patel, Norman Sartorius, Christopher Szabo, and Dr. Christian Kieling; and Dr. Shekhar Saxena as observer.

Taskforce publications

1. Kieling C, Herrman H, Patel V, Mari J. 2009. Indexation of psychiatric journals from low- and middle-income countries: a survey and a case study. *World Psychiatry* 8(1): 40-44 (IF: 3.896)
2. De Jesus Mari J, Patel V, Kieling C, Anders M, Jakovljevi M, Lam LCW, Lotaief F, Mendlowicz MV, Okulate G, Sathyanarayana Rao TS, Tamam L, Tyrer P, Herrman, H.

2009. The 5/95 Gap on the dissemination of mental health research: The World Psychiatric Association (WPA) task force report on project with editors of low and middle income (LAMI) countries. *African Journal of Psychiatry*, 12: 33-39 (IF: N/A)

3. Mari J, Patel V, Kieling C, Razzouk D, Tyrer P, Herrman H. 2009 The 5/95 Gap in the indexation of psychiatric journals of low and middle income countries. *Acta*

Psychiatrica Scandinavica. 1-5. DOI: 10.1111/j.1600-0447.2009.01476.x

4. Kieling C, Herrman H, Patel V, Tyrer P, Mari J. A global perspective on the dissemination of mental health research. *Lancet*. 2009 Oct 31;374(9700):1500.

The work benefits from and takes forward earlier work in this area by WHO, as described in:

1. Galvanising mental health research in low- and middle-income countries: role of scientific journals. http://www.who.int/mental_health/evidence/final_joint_statement.pdf

2. Saxena, S., Paraje, G, Sharan, P., Karam, G., Sadana, R. (2006) The 10/90 divide in mental health research: trends over a 10-year period. *British Journal of Psychiatry* 188, 81-82

■ INVOLVING USERS AND CARERS

WPA Project on Partnerships for Best Practices in Working with Users and Carers

The main goal of the project is to prepare guidelines for best practices in working with users and carers, for the international mental health community.

The project relates to the WPA Action Plan 2008, goal 7.2: 'Support international and national programmes aiming to protect the human rights of persons with mental disorders; to promote the meaningful involvement of these persons in the planning and implementation of mental health services; to encourage the assessment and development of these person's talents, strengths and aspirations; and to promote equity in the access to mental health services for persons of different age, gender, race/ethnicity, religion and socioeconomic status.'

WHO is assisting WPA in this project by making available its experience and access to its network of users and carers.

WPA invites you to send comments and suggestions.

Current situation

During the last years a number of countries like USA, UK, Ireland, Australia, New Zealand, and Canada have embraced recovery-orientation as a guiding principle of their mental health policy. Key to this development is a partnership approach between mental health experts and users of mental health services and their families and friends.

Additional benefits and greater effectiveness of mental health care and promotion are expected from a participatory approach. With Thornicroft & Tansella (2005), it can be asserted that current and former service users can make essential contributions to all nine core principles of community mental health work: autonomy, continuity, effectiveness,

accessibility, comprehensiveness, equity, accountability, co-ordination, efficiency; and to mental health research.

Service users and their families also play a crucial role in lobbying in order:

- to enhance the reputation of
 - mental health expertise and services as well as that of
 - people with a lived experience of mental ill health and
- to reduce
 - stigma and discrimination of mental health experts and services as well as people with a lived experience of mental ill health
 - inequity and marginalisation of mental health within health care and promotion

Recent years have yielded experiences with the involvement of user and carers in:

- planning, implementing, and evaluating services
- research
- teaching
- fighting stigma and discrimination
- lobbying for support for research, care, rehabilitation and social inclusion

WPA has cooperated on several levels with different user and carer organisations (e.g. triologic symposia at Congresses, affiliated memberships) with rather encouraging results.

Goals

WPA wants to:

- support partnership and participatory developments worldwide
- learn from the experiences and opportunities of user and carer activities and from partnership in the development of mental health services and mental health promotion

- jointly promote a comprehensive understanding of the prerequisites of mental health and how to support the best possible quality of life for people with experience of mental illnesses and their families and friends.

Plans

The work will begin with:

a. *Description of best practice in working with users and carers across the WPA regions* and the benefits this has for Member Societies, e.g. some Member Societies have found that working in partnership significantly strengthens the position and standing in negotiations with governments and the community. It is also an essential quality assurance strategy in helping ensure that services provided by psychiatrists and within the broader mental health community are best suited to the needs of consumers and their families.

It will continue with:

b. *The development of and consultation on recommendations* for participation of users and carers in service development and treatment that can be put on the WPA website and translated into different languages. These recommendations may include:

i. Development of educational materials on human rights, civil rights, patient rights with regard to medical and psychosocial treatment, and disability status and anti-discrimination laws.

ii. Suggestions for creating a knowledge and evidence base, and an assessment of skills and training needs, for user, carer and citizen involvement in different parts and cultures of the world and in different areas of psychiatry and public mental

health (e.g. severe mental illness, recovery, prevention and mental health promotion) including calculation of possible impact and costs of e.g. consultations, collaborations, partnerships, in countries from low to high income; analyses and dissemination of best practice examples; obstacle analyses; identifying possible partner organizations and initiatives.

iii. Suggestion for a thematic track for WPA Congress in Buenos Aires 2011 (and other WPA Congresses and Conferences) of dialogic contributions towards topics of specific interest to all parties concerned, e.g. children of people with psychiatric disorders; mental health parity; mutual help traditions

and efforts in different cultures and their role in high, middle and low income countries; and structural discrimination.

A WPA Task Force of 12 people from a number of world regions is chaired by Professor Helen Herrman (WPA Secretary for Publications). Three members of the Task Force have a background as 'service user', three as carers and six are psychiatrists with a background of work with WPA. We will next appoint an Advisory Board to the project, to include people and organisations with needed expertise.

The work plan consists of 5 steps:

I. Gathering existing practice examples or

guidelines referring to working with users and carers in clinical work, development of self-help groups, peer support and advocacy; and involvement in policy, planning, service provision and evaluation, and research. We will seek the help of WPA zonal representatives, users and carers, and other organisations from around the globe.

II. Analyse material and consult experts inside and outside the Task Force and WPA and WHO.

III. Develop draft WPA guidelines.

IV. Consultation widely about the draft and finalise it by end 2010.

V. Dissemination.

■ WPA WORKSHOP – “HUMANISTIC TREATMENT IN PSYCHIATRY”

June 2010, St. Petersburg, Russia



Prof. Michael Musalek

Course Director: Michael Musalek, Anton Proksch Institute, Gräfin Zichy Gasse 4-6, A-1230 Vienna, Austria

The development and introduction of “Evidence-based Medicine” some twenty years ago marked a milestone in medical history. Unlike ‘Eminence-based Medicine’ – which had previously dominated the field and in which just a few recognised experts determined medical standards – Evidence-based Medicine (EbM) uses statistical findings from cohort studies as the basis for rational medical practice. EbM is ultimately based on the doctrine of neo-positivism, according to which only empirically verifiable data are regarded as meaningful. With statistical significance thus becoming the essential criterion, empirical findings from control-group-secured cohort studies and probability relationships are translated into medical truths. Strict interpretations of EbM (of the kind we are increasingly encountering today), in

which findings from statistical meta-analyses come to be recognised as confirmed knowledge, immediately exposed the limitations of EbM in clinical practice, leading some authors to refer to EbM as “corset medicine”.

Alongside a number of other limitations, the main problem ensuing from today’s rather narrow interpretations of EbM is that the criteria used for quality assurance in medical research are being directly transferred to quality assurance in clinical practice. In reality, however, the medical researcher and the doctor administering treatment find themselves in completely different situations. Only a few years after the development of EbM, without actually mentioning it specifically, H.G. Gadamer wrote an essay entitled “Über die verborgene Gesundheit” (On Hidden Health, 1991/1993) in which he expressed the desire to see greater awareness of the differences between medical research and the actual art of healing – a difference that automatically existed between knowledge of things in general and the specific application of knowledge in the individual case, between theoretical treatises or hypotheses and the practical application of knowledge.

In the natural sciences, at least, research analysis must inherently be based on a positivist-reductionist approach. The latter has the patient divided into individual components and functions that then become the subject of research as constructs of illness. The “subject of treatment” in clinical practice is, however, never just a single component, a single function or a particular construct of illness, but always a sick human being in all his or

her complexity. Whereas the main job of the researcher is to provide an analysis that is easy to follow and can be checked by others – in other words an analysis that correctly reduces, separates and abstracts data – the task of the clinician is to help alleviate the patient’s suffering as far as possible and to induce and support a process of healing.

The basis for a psychiatry understood not only as a scientific discipline but also fundamentally as an art of healing applied in clinical practice is not simply the analysis of pathologically determined factors, but rather the synthesis of all the individual pieces of information to which psychiatrists have access on account of their academic knowledge, their experience and their observations and assessments and which enable them to formulate a multidimensional treatment plan that reflects the complex nature of human beings. Adhering to the findings of individual studies without seeking to synthesise them in any way not only fails to improve the possibilities for treatment (which is said to be the supreme objective of EbM), but inevitably leads to a restriction and hence a deterioration of the treatment situation. As a rule, individuals do not behave like the average members of a study group. People suffering from mental illnesses are not clones of study groups; they are originals. Not to mention the fact that – contrary to what the prevailing symptom-based medicine would have us believe – in everyday clinical practice what we encounter is not the illnesses themselves but rather whole human beings suffering from particular pathological states.

Considerations like these formed the starting point for evolving a form of psychiatry that focuses not only on fragments and constructs but again on the whole person. This approach, which we call Human-based Psychiatry (HbM), no longer finds its theoretical basis in the positivism of the modern era, but rather owes its central maxims to the post-modernist ideal that ultimate truths or objectivity in identifying the final cause of illness remain hidden from us for theoretical reasons alone: all being is always dependent on context and thus subject to change; language as the basis of our thinking has multiple meanings, and it changes in and through its use; the observer always remains part of the system, so that he himself becomes an important part of the input leading to the results that he then describes as “objective”. A medicine built on such foundations must not necessarily culminate in an “anything goes” situation without truths or reference points. On the contrary: HbM as envisaged here, focuses on the whole person. The absence of ultimate truths opens up the possibility of simultaneously recognising different, even apparently contradictory truths, which may emerge in the course of multidimensional diagnosis.

The main theoretical premise of HbM, the dependence of being on context, enables the simultaneous coexistence of several apparently contradictory “truths”. EbM and HbM are thus not mutually exclusive opposites; rather, despite superficial differences in methods of diagnosis and treatment, EbM must be integrated into HbM as an indispensable component of the latter. Since the chief focus of HbM is no longer a pathological construct but rather a human being suffering from an illness, the multidimensional diagnostics of HbM as an extension of traditional categorial diagnostics (the domain of EbM) must be primarily oriented towards individual phenomena. The aim is to analyse the phenomenon itself and above all the underlying mechanisms from different perspectives (e.g. psychological, biological, interactional, economic and social etc.) in order to create a basis for a pathogenesis-oriented therapy.

Mental illnesses are not concrete constructs, which simply emerge and then continue to exist merely for this reason. Rather they are dynamic processes subject to a certain patho-plasticity whose course is determined by disease-preserving factors. Hence multidimensional diagnostics of this kind must likewise always be process-oriented. Illness in general and mental illness in particular

arise not only as natural phenomena but also in the narratives associated with them (Fulford et al, 2003). These narratives not only provide meaning that is intertwined with the pathological process but actually interfere in the pathological process as disease-preserving factors and thus themselves become elements determining the illness. Understanding pathological events and the narratives connected with them thus has a special role to play in a differential process of diagnosis.

Probably the most important difference between EbM and HbM is in the treatment aims. In HbM the goal is no longer simply to make illnesses disappear but rather to allow the previously sick patient to return to a life that is as autonomous and happy as possible. In other words: the human being with all his or her potential and limitations once again becomes the measure of all things. This also implies, however, that the multidimensional diagnostics of HbM are oriented not only towards symptoms, pathogenesis, process and understanding but also to a great degree towards the patient’s resources.

HbM treatment above all involves a completely different therapist-patient relationship. The former monologue directed at medical analysis should be replaced by a warm-hearted dialogue; where “psychoeducation” used to play a primary role, a more profound understanding must now evolve based on the principle of reciprocity. The treatment of the individual now focuses not exclusively on his or her deficiencies but instead on resource-oriented strategies. The idea is to create the space and the atmosphere in which all that can be done for the person afflicted by mental illness becomes possible. In contrast to earlier moralising approaches to therapy, in which the therapist told the patient, like a kind of coloniser or a missionary, what was right or wrong with his life, HbM therapy focuses on patients’ wishes and potentials for development, which the therapist strives to find out in the course of real dialogue.

A human-centred treatment of this kind should not only look at the patient’s deficiencies but of course at his or her resources as well. This would also require the development of a new aesthetic in psychiatry, to create an appropriate basis for a therapeutic process of this kind. Particularly helpful in this respect is the work of social aesthetics published in recent years. A. Berleant, one of the fathers of social aesthetics, wrote in a seminal article in 2005: “Social aesthetics is ... an aesthetic of the situation. ... Like every

aesthetic order, social aesthetics is contextual. It is also highly perceptual, for intense perceptual awareness is the foundation of aesthetics. Furthermore factors similar to those in every aesthetic field are at work in social aesthetics, although their specific identity may be different ... creative processes are at work in its participants, who emphasize and shape the perceptual features.” The main components of social aesthetics are “full acceptance of others (esteem), heightened perception (perception of all sensuous qualities), freshness and excitement of discovery (fascination), recognition of the uniqueness (person/situation), full personal involvement (engagement/opening), relinquishment of restrictions and exclusivity, abandonment of separateness (places/atmospheres), and mutual responsiveness.”

A social aesthetic for psychiatry, which has already begun but must be further developed, has the task of cultivating interaction between the patient and the therapist – in particular the initial contact, which is so important for the further progress of treatments – to fill empty rituals and modes of behaviour in the therapeutic setting with humanity, to create a fruitful atmosphere in the treatment room and to incorporate genuine friendliness in the day-to-day hospital environment, to deconstruct barriers and to open up boundaries and to facilitate enjoyable situations and relationships despite the suffering caused by illness in order to open to the patient aesthetically agreeable perspectives for the future. Treatment options and forms of therapy that have been and can continue to be developed from such a social aesthetic do not, as in evidence-based medicine, put the disease construct at the centre of the diagnostic and therapeutic interest, but have as their primary aim reopening the possibility of a largely autonomous and joyful life for the patient. A humanistic therapy approach of this kind, in which the person once again becomes the measure of all things, can only be realised in clinical practice via multidimensional diagnosis methods and treatment within the scope of inter-disciplinary cooperation.

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OBITUARIES



Prof. Fouad Antoun (1940-2009)

Professor Fouad Antoun was born in Iraq in 1940 and died in Dubai on the thirtieth of December 2009. In-between, his life journey bridged three continents and numerous countries where he always left behind outstanding contributions and achievements that will long be remembered by his students, his colleagues, and his friends.

Fouad Antoun completed his medical studies and graduated from the American University of Beirut in 1965 after which he obtained his DPM (1968), and his Ph.D. in neuropharmacology and neurochemistry from the University of Edinburgh (1972) followed by the M.R.C.Psych. United Kingdom (1972), M.R.C.Psych. United Kingdom (1979).

Dr. Fouad Antoun became head of the division of psychiatry at the American University of Beirut 1972 and was involved in academic work and teaching until 1986 when he left to the United States as co-director of neuroscience at UAB Birmingham, Alabama where he stayed till 1989. In 1990 he moved to Qatar as director of Mental Health. In 1993, Dr. Antoun moved back to Lebanon and engaged in private practice. His international work however did not end and his involvement in regional and international psychiatric organizations continued. He was the secretary general for the Middle East Division of the Royal College of Psychiatrists, Chairman of the Scientific Council of the Arab Board of Psychiatry, member of the Constitution Committee of the World Federation of Societies of Biological Societies, Chairman of the WPA section on Collaborative and integrative Research, member of the WPA Operational Committee for meetings, representative of the Lebanese Ministry of Health to WHO and the Arab Board of Psychiatry.

Dr. Antoun had over seventy publications on many topics including but not limited to Schizophrenia, Mood disorders, the mechanism of action of psychomimetic

drugs, personality disorders, Molecular models of receptors and possible configurational interaction with neurotransmitters, and amine metabolism and catabolism in the brain.

Fouad was active until the last week of his life, living for his family, his patients, and his never ending quest for knowledge. He never tired from travelling to attend psychiatric conferences, or from organizing such conferences. Those of us who knew Fouad closely will always remember him as a devoted husband, a loving father, and a proud grandfather. He will also be remembered as a competent psychiatrist, and a caring and dedicated teacher. His interest in raising the level of psychiatric teaching and psychiatric practice was not limited to his native country Lebanon but the whole of the Middle East and the Arab World.

Dr. Antoun is survived by his wife June, his daughters Nadine, and Thallein, and granddaughter Faye Alwan.

Mounir Khani
Charles Baddoura



Prof. Haratun Davidian

What a flourishing pursuit

Professor Haratun Davidian was born in 1904 in Tehran. He graduated from Tehran Medical School in 1948. Further, he continued with a residency program in psychiatry in 1950 and became known as the first psychiatric resident in Iran. Thereafter, he continued his studies at London University in 1955 and received a DPM in 1958. In 1968, he was appointed as Emeritus Professor. He spent 42 years training the psychiatrist residents in Iran, during which time he published more than 100 articles in international peer reviewed journals and lectured in about the same number of world wide congresses. After humbly providing a relentless, continuous and untiring service to the psychiatric community of Iran and the world, Dr. Davidian passed away on November 12, 2009.

For us as Iranian psychiatrists, he was the oral history of the modern era of psychiatry in Iran. His entire endeavor was to show the real essence of psychiatry to the other disciplines of medicine. He did his best to turn psychiatry to a community oriented medical discipline. Although he started his research on the epidemiology of depression in the 50s, he dedicated most of his career to the cultural aspects of psychiatry. He established the occupational therapy department at Rouzbeh Psychiatric Hospital in Tehran in 1959, trying to enhance the quality of care of the psychiatric patients. Further, he was appointed as honorary member of the Academy of Medical Sciences of Iran in 1998 for his achievements in psychiatry.

Dr. Davidian was a role model for the junior psychiatrists in Iran. He used to attend the weekly meetings of the IPA committees every Thursday morning. This continued to the last days of his life. I still remember his words as a discussant advocating the diagnosis of bipolar spectrum disorder for a case vignette at a panel, something which if not unbelievable but indeed unusual for a psychiatrist of his generation. He lived his productive life paving the way for all generations of psy-

chiatrists of his time, those who came after and those to be. For many of us Professor Haratun Davidian will remain a "Psychiatrist for all the Seasons".

Below are some of his achievements:

- Member of the World Federation of Mental Health, 1959-2009
- World Health Organization Advisor, 1970-1991
- The Honorary title of the Founding Member of Royal College of Psychiatrists, 1971
- Member of the International Committee of the WPA, 1971-1983
- Member of the Committee of Ethics of the WPA, 1977-1985
- Member of the Royal Society of Physicians UK, 1978-2009
- Member of the Committee of Military Psychiatry WPA, 1989-2009
- President of the Iranian Psychiatric Association, 1996
- Honorary member of 10- the Academy of Medical Sciences of Iran, 1998-2009
- Awarded the title of " Psychiatry in Leader" by the WPA, 1999

Shahrokh S. Gudarzi
Deputy for International Affairs, Iranian Psychiatric Association

News from Member Societies, Zonal Representatives, and Affiliated Associations

Contact: WPA Secretary General, Levent Küey, wpasecretariat@wpanet.org



■ ABUJA 2009: WPA REGIONAL MEETING



Dr. Joseph Adeyemi

The Regional Meeting of the World Psychiatric Association for Africa and Middle East (WPA Region III) was held in Abuja, Nigeria on 22-24 October 2009. The WPA Executive Committee led by the President, Prof. Mario Maj and several distinguished psychiatrists came from all over the world to make the conference the first of its kind in West Africa, with 309 registered participants. The three-day scientific meeting ran a tight schedule in four parallel sessions in addition to four plenary sessions. Twelve key lectures, 55 symposia and

52 free papers covering wide range of topics including classification and instrumentation in psychiatry, depression, psychosis, physically unexplained symptoms, chronic physical illness and psychopathology, innovative treatment practices, substance use, burden of care among others.

A WHO-WPA round table ministerial meeting for policy makers from nine low/lower-middle income countries (eight attended), identified as needing intensified support by the World Health Organization (WHO), was held during the conference. Country representatives were individually taken through the roadmaps to up-scale mental health services in keeping with the WHO mhGAP document.

Child and adolescent psychiatry as well as the Leadership Training for Young Psychiatrists workshops were fully subscribed.

The successful hosting of the Regional Meeting in a West African country was an important re-engagement for attention, collaboration and integration of a part of the world in need of accelerated growth in access to equitable, efficient and affordable mental health services for all.

The memorable event ended with a cultural troupe entertainment for departing participants.

Joseph D. Adeyemi

**WPA Zonal Representative for Zone 13
(Central and Western Africa)**

■ NEWS FROM THE BRAZILIAN ASSOCIATION OF PSYCHIATRY

ABP President's Symposium Convenes International Researchers

Activity debates central theme of the 27th Brazilian Congress of Psychiatry: Psychiatry on the Vanguard of Medical Progress

In 2009, one of the featured activities in the Brazilian Congress of Psychiatry was the President's Symposium. This traditional activity, which debates the event's central theme, was coordinated by the President of the Brazilian Association of Psychiatry (ABP) and composed by international guest speakers such as Sir David Goldberg, Professor of the Institute of Psychiatry, King's College London, and Mario Maj, President of the World Psychiatric Association (WPA).

Researcher Eurípedes Constantino Miguel, who coordinates the National Institute of



President of the Brazilian Association of Psychiatry, João Alberto Carvalho, coordinated the activity.

Science and Technology on Developmental Psychiatry, was the Brazilian representative in the panel. He spoke on the cost-effectiveness of early intervention proposals related to developmental psychiatry. According to him, this is a new proposal for Brazilian psychiatry. "It's based on the fact that mental disorders are highly prevalent, with the majority beginning in childhood. The idea is thus that these are disorders of the brain's development", he explained.

The President of WPA presented the lecture "Physical diseases in patients with severe mental disorders". At the end of the symposium he commented on integration of the specialty with other branches of medicine. "One of the obstacles in the appropriate management of physical diseases in persons with severe mental disorders is the underlying feeling by some physicians that the health of these persons is a less important value than that of other people. There is a lot to be done in terms of education at both the undergraduate and postgraduate level", he said.

Next, David Goldberg discussed the diagnostic manuals. The British researcher discussed how psychiatry can adapt its classification to the needs of medical practice. However, according to him, "There is not just a single response for training physicians from other spe-

cialties to recognize mental disorders; there are places where psychiatry is widely taught in undergraduate medical training and others where this simply doesn't happen".

The panel's discussant was former ABP President and current coordinator of the Congress Scientific Committee, Marco Antonio Brasil. He gave the symposium a positive assessment. "I want to thank ABP for the invitation to participate and comment on our two speakers' brilliant presentations. It might seem that we've listened about different subjects, but there's, in my point of view, something in common between them - the importance of prevention and social compromise, that must be present in our profession practice", he remarked. To conclude the activity, the current President of the Brazilian Association of Psychiatry agreed with his colleague. "We have indeed enjoyed a symposium of the highest possible caliber, an excellent contribution to the congress", concluded João Alberto Carvalho.

João Alberto Carvalho discussed the choice of speakers. "I invited three highly renowned speakers. They represent the best in world psychiatry. And the panel discussant is Marco Antonio Brasil, an important national reference in Brazil", explained the president of ABP.

Danilo Maeda

Brazilian Psychiatric Association

The 27th Brazilian Congress of Psychiatry



Brazilian Congress of Psychiatry convened almost six thousand participants.

“The Brazilian Congress of Psychiatry has truly achieved international status. It can already be considered the world’s second largest national psychiatric congress, next to that of the American Psychiatric Association.” Thus spoke Mario Maj, President of the World Psychiatric Association, as he described the 27th Brazilian Congress of Psychiatry, held on November 4-7, 2009, in the city of São Paulo.

With more than 150 different activities held in the Transamerica Expo Center and Transamerica Hotel, the top meeting of Brazilian and Latin American psychiatry featured courses, conferences, symposiums, forums, special sessions, workshops, and round tables.

Organized by the Brazilian Association of Psychiatry (ABP) in collaboration with the Study Center of the Institute of Psychiatry (USP) and the Paulista Study Center of Psy-

chiatry (Unifesp), the event convened almost six thousand participants, including psychiatrists, physicians from other specialties, and other health professionals.

Authorities

Pedro Gabriel Delgado, Coordinator of the Mental Health Division of the Ministry of Health of Brazil, attended the opening ceremony on the evening of November 4 and stressed that Brazil needs to make strides in the area. “I’m in a position to admit that we’re experiencing difficulties and that we need the support of the medical associations, despite the recent progress in mental health that we have also made”, he remarked.

José Luiz Gomes do Amaral, President of the Brazilian Medical Association, also participated in the opening ceremony and highlighted the specialty’s importance. “We all know that there can be no mental health without psychiatry, and that health without mental health is inconceivable”, he emphasized.

The President of the World Psychiatric Association (WPA), Mario Maj, took the floor. He praised both the ABP for its institutional development and the 27th Brazilian Congress for its thematic program. “I particularly like the event’s central theme. Psychiatry is definitely on the vanguard of medicine. Many aspects of our current debate on ethical, treatment and organizational issues are of great relevance to medicine as a whole.”

The final speech of the evening was by João Alberto Carvalho. He listed the activities conducted by ABP and discussed the institution’s position towards mental health policy. “When we discuss mental health, we have to begin with psychiatry. Public policies have tended to give less priority to the physician’s role. We [psychiatrists] haven’t been heard as we should be, and is confirmed by the emergency needs we’re witnessing. I insist that we have a huge contribution to make”, he concluded.

Scientific Activities

According to Marco Antonio Brasil, Coordinator of the Scientific Committee of the 27th Congress, the aim of the event was to prepare a program with activities that would meet the participants’ needs and wishes, and foster reflection on psychiatric practice. “The Scientific Committee focused on assembling a comprehensive program that would cover the widest possible range of relevant themes for psychiatry”, he explained. After the Congress, he was asked whether the participants were satisfied and answered: “There is no doubt that we succeeded in exceeding the participants’ expectations. The rooms were full, and everyone had questions to ask to the speakers. The event was a huge success”, he concluded.

Danilo Maeda

Brazilian Psychiatric Association

ABP Community Program Uses Theater

Project Held in São Paulo Subway Stations

The “Psychiatry for a Better Life” project, an initiative of the Brazilian Association of Psychiatry (ABP) Community Program aimed at direct contact with the population, has been developed since 2006 in parallel with the activities of the Brazilian Congress of Psychiatry.

In all the previous editions, the project consisted of free talks given by specialists affiliated with the Brazilian Association of Psychiatry but in São Paulo the project had a different format. In addition to the talks and distribution of educational materials, this year the project featured three theater sketches aimed at raising public awareness on the

issue of stigma in mental health. With the title “Passing Stigma” (a play on words with subway passengers in Portuguese), the activities approached the most common mental disorders like depression, anxiety, and drug addiction.

The project was designed in partnership with the São Paulo Subway Company, which provided both the space for the project and financial sponsorship for the sketches. According to the President of the Brazilian Association of Psychiatry, João Alberto Carvalho, the partnership is an institutional innovation. “ABP Community is an essential program for our institution. That’s why it has been developed over the years with our own funds, with



Program aimed at direct contact with the population used theater sketches.

no sponsorship from the pharmaceutical industry. This partnership now marks the beginning of a new moment, with participation and support from the private sector.”

Theater

The 15-minute sketch staged in São Paulo subway stations tells a story that discusses stigma and mental health, especially the issue of prejudice against psychiatry. Marcos Creder, a psychiatrist from the State of Pernambuco, wrote the script for "Passing Stigma" and defined the sketch's light, good-humored approach. As he put it, the plot aimed to call spectators' attention to the issue. "The notion of claiming that there's no stigma or prejudice would be highly hypocritical. What we mean to do is demystify the issue", he explained.

The sketches were staged by a local theater group called Satyrus. According to producer Robson Catalunha, the comical approach can facilitate the work. "A great potential trump in any kind of educational work is the funny side. Through laughter, people can have fun and learn, avoiding it from becoming heavy, boring, or dramatic, which would defeat the purpose." According to the artist, people in São Paulo were urged to reflect on mental health. "They watched the sketch for 15 minutes and got information that can help them modify their way of thinking", he concluded.

Sketch Depicts Stigma in Mental Health

During the first presentation of the sketch

"Passing Stigma", a woman passerby in her sixties approached one of the organizers of the Psychiatry for a Better Life project, who was watching. She was curious to know what the uproar on the boarding platform was all about.

"Ma'am, can you tell me what's going on?"

"Sure. They're putting on a sketch to help people get a better understanding of mental disorders."

"Then I'm leaving. I'm afraid of those things."

This exchange, which lasted less than a minute, illustrates the importance of programs like ABP Community for raising public awareness on issues related to mental health. João Alberto Carvalho summed it up like this: "We know society has made important strides in its understanding of mental illnesses, which further reinforces the need to expand the perception that mental health is an essential health issue for quality of life."

The Play Itself

On November 3, at 12:30 p.m., passengers on the boarding platform at the Itaquera subway station (located in poor area of São Paulo) were surprised by questions from three "scientists of the future" who were trying to dis-

cover the name of that psychiatric hospital. After two passengers informed them that they were not really inside some treatment institution but on the boarding platform for public transportation, the "scientists" decided to test the "Stigma Receiver Device", a special piece of equipment that detects scars in the brains of mental patients as those people could not be normal.

The scene sounds absurd. But this was exactly the aim of the text proposed by psychiatrist Marcos Creder and staged by the Satyrus theater group: using the unexpected to call the public's attention to the sketch and spark reflection on stigma in mental health. After the "test", the passengers that spoke with the "scientists" (who were actually troupe actors) explained to the audience that people who undergo psychiatric treatment should not need to bear stigmas or scars.

Danilo Maeda

Brazilian Psychiatric Association

■ SERBIAN PSYCHIATRIC ASSOCIATION - NEWS FROM BELGRADE

PAEEB

At the Second Eastern European Congress of Psychiatry held in Moscow from 27-30 October 2009 and organized by the Psychiatric Association for Eastern Europe and the Balkans (PAEEB) in conjunction with the annual Russian Conference of Psychiatry, Prof. Dusica Lecic Tosevski, WPA Zonal Representative for Central Europe, became new president of the PAEEB. She also

received a Certificate of Merit for the development of collaboration in mental health care sphere and was awarded a silver charm in the form of the Greek letter "psi" as a personal present from the Russian popular journal "Psychology".



Prof. Dusica Lecic Tosevski

Serbian Academy of Sciences and Arts

On 5 November 2009 Prof. Lecic Tosevski was elected a member of the Serbian Academy of Sciences and Arts.

WHO Collaborating Center for Mental Health

On 24 September 2009 the Belgrade Institute of Mental Health (IMH) was designated as WHO Collaborating Center for Mental Health Workforce Development. The inauguration, in the presence of the Minister of Health of Serbia and Dr. Matthijs Muijen,

WHO Regional Adviser, was organized on 18 November 2009 with a symposium at which the IMH preventive programs, as terms of reference with the WHO, were presented.

NEWS FROM THE ROYAL COLLEGE OF PSYCHIATRISTS (UK)



Prof. Hamid Ghodse will be the inaugural Chair of the International Health Advisory Board

The new Board will support the Chief Medical Officer in his capacity as Chief Medical Advisor to the UK Government on areas of international health, led by the Department of Health. Its work will include acting as a source of independent, expert advice, establishing a network of expertise and raising the profile of the work on international health undertaken with the Department of Health.

The Chief Medical Officer, Sir Liam Donaldson, said: "I am delighted that Prof. Ghodse has agreed to take on this new and important leadership role in relation to international health. He has great experience in this area and will be an invaluable asset as we look to address the increasingly complex challenges thrown up by global health. I look forward to working with him on this agenda".

Prof. Ghodse said: "Many of today's health issues need to be considered in an international context and it is essential that the UK plays a full role in the relevant international forums, both learning from the experience of others and making an effective contribution based on 60-years' experience of a National Health Service and acknowledged expertise in research and policy analysis. I feel honoured to have been given the opportunity to lead the new International Health Advisory Board."

Prof. Hamid Ghodse CBE is Director of the International Centre of Drug Policy at St George's University of London. He was, until recently, Medical Director of the National Clinical Excellence Awards Scheme for NHS Doctors. He has a keen interest in medical education and health policy and over the years has advised a number of governments on these issues.

International Psychiatry, a journal produced by the UK Royal College of Psychiatrists



The journal is intended primarily as a platform for authors from low- and middle-income countries, sometimes writing in partnership with colleagues elsewhere. Submissions from authors based in international divisions of the Royal College of Psychiatrists are particularly encouraged. Our aim is to act as a forum for colleagues who wish to share their experience, observations and successes, to highlight new developments in mental health research, healthcare and education and to promote global discussion on pertinent issues.

International Psychiatry publishes original scientific papers, country profiles and opinion pieces dealing with the policy and promotion of mental health, administration, audit and management of mental health services and training in psychiatry around the world. *International Psychiatry* focuses on matters of international interest to practising clinicians and managers in psychiatry both in the UK and abroad. *International Psychiatry* prioritises articles that are of practical clinical relevance, topical and accessible.

All papers are peer-reviewed to ensure that the content, length and structure of all articles submitted are appropriate for the journal. Although not all papers will be accepted for publication, our peer-review process is intended to assist our authors in producing articles for worldwide dissemination. Wherever appropriate, our expert panel of assessors will help authors to improve their papers to maximise their impact when published.

Further information, including all the copies of the journal published to date, are available on the Royal College of Psychiatrists' website at this link <http://www.rcpsych.ac.uk/publications/journals/ipinfo1.aspx>.



Migration, next generations and the future of psychiatry

13 - 16 June 2010

International Conference on Transcultural Psychiatry

Royal Tropical Institute
Amsterdam, The Netherlands

■ NETHERLANDS PSYCHIATRIC ASSOCIATION



International Conference on Transcultural Psychiatry, 13-16 June 2010, Amsterdam, The Netherlands

Main conference themes: 1) Next generation migrants 2) Illness and disorder 3) International mental health 4) Diagnosis and therapy 5) Research and development 6) Contextual stressors.

Pre-conference courses: On Sunday 13 June with Abdessalem Yahyaoui, Laurence Kirmayer, Stevan Weine, Joop de Jong, Stevan Hobfoll, and Devon Hinton.

Venue: Royal Tropical Institute (KIT), Amsterdam.

Registration fees: EUR 300 - EUR 500.

Accreditation: Requested from EACCMA, NVvP, NIP, and FGzP.

Conference website: www.tp2010.org

Theme: "Migration, next generations and the future of psychiatry"

Organising bodies: Netherlands Psychiatric Association-section Transcultural Psychiatry, in collaboration with the WPA Section on Transcultural Psychiatry.

Keynote speakers: Devon Hinton, Stevan Hobfoll, Laurence Kirmayer, Batja Mesquita, Fons van den Vijver, and Joseph Westermeyer.

■ GERMAN ASSOCIATION FOR PSYCHIATRY AND PSYCHOTHERAPY

Europe's largest convention: a look back at the 2009 DGPPN Congress



Prof. Frank Schneider (left), and Prof. Mario Maj at the 2009 DGPPN Congress, Berlin, November 2009.

Visitors came in droves to the annual conference of the German Association for Psychiatry and Psychotherapy (DGPPN) held at the end of November 2009 in Berlin. A total of 8,612 people, primarily consisting of scientists and doctors, as well as over 300 members of the press, and exhibitors and guests participated in the congress. Compared to the preceding year, attendance rose by nearly 15 percent. Approximately 630 individual events were held under the key topic "Psy-

chological illnesses throughout the Lifespan". Discussions revolved around how mental disorders can be prevented, which role psychosocial and biological influences play, and how needs-based patient care can be ensured, among other things.

"The high level of the scientific conference program was quite impressive", said DGPPN President Prof. Frank Schneider, MD, PhD, from Aachen. "We not only upheld our own quality standards, we exceeded them", added Schneider. The convention's high level of recognition in the academic world is also reflected in the growing number of participants. There is good reason why the annual DGPPN conference has now become Europe's largest scientific convention in the field of mental disorders and the neurobiological and psychotherapeutic sciences. For example, the convention drew 1,285 visitors from abroad.

In 2009, the DGPPN took an important step towards internationalizing the convention. Part of the convention, one-fifth of the events, was offered in English for the very first time. A number of international speakers contributed to this successful congress, such as the WPA President Prof. Mario Maj, who gave a lecture on ethics in psychiatry. "We are looking to make this year's convention even more appealing for our international expert audience", said Schneider. The DGPPN congress opens its doors from November 24 to 27, 2010. This year's motto is "Interdisciplinary Psychiatry". Website: www.dgppn-congress.de.

■ ANNOUNCEMENT FROM THE ROYAL AUSTRALIAN AND NEW ZEALAND COLLEGE OF PSYCHIATRISTS

Australian of the Year



Prof. Patrick McGorry

The Royal Australian and New Zealand College of Psychiatrists congratulates Professor Patrick McGorry on being named the 2010 Australian of the Year.

Prof. McGorry was presented with the award by the Australian Prime Minister Kevin Rudd at Parliament House in Canberra on 25 January 2010.

The Prime Minister paid tribute to the profound effect of Prof. McGorry's work, and thanked him for raising awareness of the major problem of youth mental illness. "The incredible influence of his work, the number of young Australians and their families whose lives have been improved, and the value of his contribution to the nation cannot ever fully be measured", Mr Rudd said.

"With this award, we recognise that we have in Professor McGorry a leader whose drive, compassion, and commitment to understanding and treating youth mental illness has helped shaped not only lives, but our national approach to mental health intervention, prevention and treatment", said Mr Rudd.

Prof. McGorry is Executive Director of Orygen Youth Health, a world-renowned youth mental health service which has placed Australia at the forefront of innovation in the early intervention and treatment of mental illness. He is also a Director of the National Youth Mental Health Foundation (headspace) and is passionate about caring for young people with mental health issues. For more than 25 years, he has contributed to the improvement of the youth mental health sector to help transform the lives of tens of thousands of young people here and around the world.

■ NEWS OF THE INDONESIAN PSYCHIATRIC ASSOCIATION

The Indonesian Psychiatric Association (IPA) has a long root in psychiatric development in Indonesia, one of the exotic and the biggest archipelago in the world. The IPA was established in 1960 and was named The Association of Neurology, Psychiatry and Neurosurgery. It changed its name to Indonesia Psychiatric Association in 2001 when the three medical specializations formed their own associations. Currently, IPA has 22 branches all over Indonesia. There are 9 sections: Section on Schizophrenia, Bipolar, Child and Adolescent Psychiatry, Forensic Psychiatry, Addiction Psychiatry, Geriatric Psychiatry, Women's Mental Health and Community Psychiatry.

At the 6th National Congress of the Indonesian Psychiatric Association (IPA) in Manado, 3-5 November 2009, Dr. Tun Kurniasih Bastaman was elected as the new president of IPA for the period 2009-2013; she replaced Prof. Syamsulhadi. We hope with this new leadership, together with the spirit of rebuilding professionalism of Indonesian Psychiatrist, we can face challenges in the future. At the Congress, the IPA Standard of Profession in Psychiatric Practice and IPA Code of Conduct were officially accepted and released.

There will be two national events in 2010 under the auspices of the IPA; the 3rd National Conference on Psychotherapy on 1-2 May

and the 6th National Conference on Schizophrenia on 17-20 October 2010. On 6 March 2010, the IPA is organizing the Indonesian Psychiatric Summit in Jakarta. A WPA Regional Meeting will be organised by the Indonesian Psychiatric Association to be held in Bali, Indonesia, on 13-15 September 2012.

Tun Kurniasih Bastaman
President of the Indonesian Psychiatric Association

■ ARMENIAN PSYCHIATRIC ASSOCIATION

New Initiative in Armenia

Armenian Psychiatric Association (ArPA) is pleased to announce the publication of the Armenian Journal of Mental Health (AJMH). AJMH is the peer reviewed official journal of the ArPA. This journal is published quarterly in three languages: Armenian, Russian, and English. AJMH will publish experimental studies, theoretical articles, evaluative reviews

of literature, and meeting announcements. The Editor-in-Chief, Armen Soghoyan, M.D. (President of the ArPA), and the Associate Editor, Arthur Mkrtychyan, M.D., Clinical Secretary of the ArPA, will oversee the review process. This initiative was warmly welcomed by the President of World Psychiatric Association, Prof. Mario Maj.



We welcome contributions and participation from all mental health professionals on topics of general interest to psychiatry. To submit your paper, please visit the manuscript submission site at www.apnet.am or email your submission to mkart@web.am. The ArPA will provide both print and electronic

access (www.apnet.am) to AJMH. As a new journal, we are excited about this endeavour and anticipate challenges associated with attracting readers as well as publishing original cutting-edge research. In light of all limitations, we will adhere to the highest scientific and ethical standards of the peer-reviewed practice.

Armen Soghoyan
President, Armenian Psychiatric Association (ArPA)

■ SOCIETY OF GEORGIAN PSYCHIATRISTS

Activities since November 2009



Prof. Armen Soghoyan

In November 2009 the Society of Georgian Psychiatrists elected a new Board and the Chair of the Board – Giorgi Geleishvili. Some changes have been made to the organizational structure of the Society. Now the Board consists of seven members. To the already existing section on Mental Health of Torture Victims, four other sections were added. These are sections on: Medical Activities, PR, Science and Education, Development of Mental Health Services. Also an Ethic Commission was formed.

The Society of Georgian Psychiatrists cooperates with other local NGOs working on Mental Health issues. It is also actively involved in the process of reforming the existent psychiatric system in the country. The Society sent several letters with recommendations about State Psychiatric Program and reorganization of the mental hospitals to Georgian Government and some of these advices are to be implemented.

The Society arranged good relationships with the Mental Health specialists who live and work outside Georgia. Several new members were added to the Society.

The Society of Georgian Psychiatrists became a member of the Consulting Board which was recently formed at the Parliament of Georgia.

In April 2010 the Society plans to print a journal. The funding has been found. The articles are being collected in Georgia, as well as in other countries – USA, Switzerland, Armenia, UK, and Germany. The journal will include three main directions – organization of Mental Health, Psychotherapy and Biological Psychiatry.

Cooperation with the Ministry of Labor, Health and Social Affairs is planned to create the Mental Health action plan for the nearest years in Georgia.

Armen Soghoyan
WPA Zonal Representative for Zone 10 (Eastern Europe)

■ NEWS FROM THE INDIAN ASSOCIATION OF SOCIAL PSYCHIATRY

Prof. Roy Abraham Kallivayalil, Principal and Professor of Psychiatry of the Co-operative Medical College (Cochin, India), President-Elect of the Indian Association of Social Psychiatry and Co-Chair, WPA Section on Preventive Psychiatry has been appointed as a Member of the Faculty of Medical Science and Technology of the Cochin University of Science and Technology, Cochin, India. This appointment is for a period of four years (2009-2013).

CUSAT, Cochin is one of India's leading Universities. Members of the Faculty of Medical Science & Technology are entrusted with the task of formulating the medical curriculum, prescribing the format

of studies and examination and to incorporate latest advances in the field of Medicine in residency training. At the very first meeting of the Faculty, Psychiatry was made a compulsory subject during internship after MBBS examination.

Heartiest congratulations to Prof. Roy Abraham Kallivayalil.



Prof. Roy Kallivayalil

HAVE YOU RECENTLY VISITED THE WPA WEBSITE?
→ WWW.WPANET.ORG

■ PROF. AHMED OKASHA HONOURED



Prof. Ahmed Okasha (left), and President Mubarak of Egypt.

President Mubarak of Egypt honoring Professor Ahmed Okasha for the highest academic award from the “Egyptian Academy of Science”, “The State Merit Prize for Medical Sciences”. It is the first time for this prestigious award to be bestowed upon a psychiatrist not only in Egypt but also in the Arab World. The Egyptian Psychiatric Association considered this award an acknowledgment to Psychiatry as a “scientific medical branch”. By receiving this award Prof. Okasha has achieved his long-life endeavors to establish psychiatry in its rightful place in the medical profession both in Egypt and the Arab world. Currently Prof. Okasha is the Director of the WHO Collaborating Center for Training and Research, Institute of Psychiatry, Ain Shams University, Cairo, Egypt. He is the President of the Egyptian Psychiatric Association, President of the Arab Federation of Psychiatrists, Past President of the WPA, and a member of the WPA Council.

■ SUMMARY OF THE WORKSHOP AT THE 59TH CANADIAN PSYCHIATRIC ASSOCIATION ANNUAL MEETING

St John’s Newfoundland, 25-27 August 2009



Prof. Raymond Tempier

This workshop was entitled: The World Psychiatric Association New Tri-Annun Plan 2008-2011: How Canada Should Fit in? The Presenter was Prof. Raymond Tempier of the University of Saskatchewan.

The goals of this workshop were to 1) Learn more about WPA’s History and Role; 2) Be knowledgeable about WPA Work Plans and Actions; 3) Discuss Implications for the Canadian Psychiatrists.

In a PowerPoint presentation, Prof. Tempier did first explain the WPA structure and its role. He also summarized the WPA history and its current organization. Then, the WPA general objectives were presented. This would include the 1996 Declaration of Madrid. The actual WPA-WHO Collaborative Activities for 2009-2011 were detailed. The revision of the ICD-10 Chapter on Mental

and Behavioral Disorders, the WPA Collaboration in WHO mental health Gap Action Program (mhGAP), and the WPA Partnership on MH Care in Emergencies were explained. Prof. Tempier presented his Triennial Work Plan, for 2008-2011 as the WPA Zone 1 (Canada) representative. He did show the World Psychiatry journal cover as well as a cover page from the April issue of Psychiatry Aujourd’hui where he was interviewed on his proposed triennial work plan.

The participation was rather small (there were about 10 participants, as this is often the case at the annual CPA meeting). Those attendees included psychiatrists from different areas of the country (From Prince Edward Island in Eastern Canada to Vancouver Island out West). For example, a psychiatrist practicing in Saskatchewan but originally from Sudan looked at the possibility of involving psychiatrists from this country. Another psychiatrist who attended this workshop reported her experience in teaching mental health professionals in Guyana and how teaching professionals is expected from Canadian psychiatrists abroad. Two psychiatrists interested by international developments were part of the CPA board. The discussion was lively and several colleagues found it interesting in

developing more collaboration with developing countries. A resident from McGill Univ., Montreal proposed that psychiatry does not do enough to send students and residents to developing countries collaborative programs as other Royal College disciplines do (i.e. Surgery, Obs-Gyn., etc.). She proposed that CPA should be informing and possibly advertising among residents the different collaborations entertained by Canadian psychiatrists abroad. This excellent suggestion was reported later to the new Board Chairman of the CPA, Dr Donald Addington, from the University of Calgary. Dr Tempier’s belief is that the CPA Board is quite interested by the WPA/CPA future collaborations’ endeavors.

In summary, it was a very productive workshop and the discussion was lively. The attendees were quite interested in learning more about the WPA and the Canadian triennial plan. We decided to propose to the CPA’s annual meeting scientific committee another workshop at the next annual meeting in Toronto, September 2010.

Raymond Tempier
WPA Zonal Representative for
Zone 1 (Canada)

News from WPA Sections

Contact: WPA Secretary for Sections, Miguel R. Jorge, migueljorge@terra.com.br



■ LATEST ACTIVITIES OF THE WPA SECTION ON WOMEN'S MENTAL HEALTH

■ Report from the Section

The WPA Section on Women's Mental Health has been very active since the WPA Congress in Florence, Italy. The following is a list of some of the important activities.

1. The final editing and proofreading of the first book on Women's Mental Health by the WPA "Contemporary Topics in Women's Mental Health Global Perspectives in Changing Societies", edited by Prabha Chandra, Helen Herman, Unaiza Niaz, Marianne Kastrup, Marta Rondon Ahmed Okasha, Jane Fisher.

This book was first launched in October 2009, and again in January 2010 in Jaipur by Prof. Donna Stewart after the Symposium organized by the WPA Section on Women's Mental Health at the International Psychiatric Congress of the Indian Psychiatric Society.



Prof. Unaiza Niaz, with the Workshop Experts.

In South America, the book was launched by Prof. Dr. Enrique Galli (Head of the Department of Psychiatry of the Cayetano Heredia University, UPCH) and was commented by Prof. Dr. Luis Caravedo, Dean of the Medical School at UPCH and Prof. Dr. Graciela Risco, Dean of the Medical School at the Universidad Peruana de Ciencias Aplicadas.

This book is an essential reading for psychiatrists, postgraduates, researchers and policy makers, and all those who are concerned with the mental health issues of women worldwide. The contributions are from an impressive collection of well-known international experts. The topics covered are rel-



A group of psychiatrists with WPA President Prof. Mario Maj in Geneva, Switzerland.

evant to professionals working around the world in different settings. The editors, and authors are authorities in women's mental health in their respective geographic regions, thereby bringing to the book their field experience and wisdom on critical issues. Due significance is given to current advances in the neurobiology of psychiatric disorders, reproductive health and psychopharmacology, and particularly demonstrating, and signifying that women's mental health and psychiatric disorders cannot be divorced from social, cultural and political realities. The impact of rapid social change and stresses are identified and recognized, and significant topics such as migration, war and violence, are covered in depth, as these have severe effects on women, especially those caring for children and families. The best part of this book is that each section is introduced by a commentary from the editors highlighting key questions.

For more information or to place an order visit: www.wiley.com/go/psychiatry.

2. The Chair of the Section, Prof. Unaiza Niaz, was selected as one of the participants in the

first ever WPA-WHO Workshop on Mental Health and Psychosocial Support in Areas Affected by Disasters and Conflicts, for psychiatrists, held from 27 to 31 July 2009 at the WHO Headquarters, Geneva, Switzerland.

3. The Section sponsored a symposium on "The Rights of Women with Psychiatric Illness" at the Annual National Conference of the Indian Psychiatric Society (ANCIPS) in Jaipur, India, on January 17-20, 2010. Speakers included Profs. Unaiza Niaz (Pakistan), Donna Stewart (Canada), Pratima Murthy (India), and Co-Chairs were Profs. Prabha Chandra (India), and Helen Herrman (Australia). Details and photo can be found in the Newsletter.

4. Upcoming Congress sponsored by the Section: "111 Women's Medicine and Mental Health", March 4-5, 2010, Medellin, Colombia.

Unaiza Niaz
Chair, WPA Section on Women's Mental Health

■ Symposium convened by the Section at the Annual Meeting of the Indian Psychiatric Society (ANCIPS) in Jaipur, January 2010

Chair: Prof. Prabha Chandra, NIMHANS, Bangalore

The WPA Section on Women's Mental Health (Chair, Prof. Unaiza Niaz), sponsored a symposium on *"The Rights of Women with Psychiatric Illness"* at the Annual National Conference of the Indian Psychiatric Society (ANCIPS) in Jaipur, India, on January 17-20, 2010. Speakers included Profs. Unaiza Niaz (Pakistan), Donna Stewart (Canada), Pratima



From left: Profs. Prabha Chandra, Pratima Murthy, Unaiza Niaz, Helen Herrman, and Donna Stewart at the Symposium on the Rights of Women with Psychiatric Illness convened by the WPA Section on Women's Mental Health at ANCIPS on January 18, 2010.

Murthy (India), and Co-Chairs were Profs. Prabha Chandra (India), and Helen Herrman (Australia). Prof. Stewart discussed the International Consensus Statement on Women's Mental Health and some of the challenges in providing safe, respectful treatment of women in psychiatric hospitals and ambulatory facilities. She encouraged psychiatrists to become familiar with the document posted on the internet called *"Protection of Persons with Mental Illness and the Improvement of Mental Health Care"* produced by the Office of the UN High Commissioner for Human Rights and adopted by the UN General Assembly (www.un.org/documents/ga/res/46/a46r119.html). Prof. Niaz discussed the current situation of women patients in Pakistan and Prof. Murthy described the cooperative efforts of some members of the Indian National Institute of Mental Health and Neurosciences and the Human Rights Commission in evaluating services in Indian psychiatric hospitals over the last decade. Vital improvements have been achieved but, as in all countries, this is an ongoing challenge to achieve best practices and safe, respectful treatment for psychiatric patients. Prof. Chandra discussed these issues in the Indian context and Prof. Herrman from a public health per-



Prof. Donna Stewart at the Symposium launches the book just published for WPA by Wiley-Blackwell, 'Contemporary Topics in Women's Mental Health', edited by Prabha Chandra, Helen Herrman, Jane Fisher, Marianne Kastrup, Unaiza Niaz, Marta Rondon, and Ahmed Okasha.

spective. An engaged audience participated in a lively discussion which concluded that psychiatrists and human rights experts must continue to work together on these issues.

Donna Stewart, University Health Network Women's Health Program, University of Toronto, Canada
(On behalf of the participants)

■ INVITATION FROM THE WPA SECTION ON EDUCATION IN PSYCHIATRY

The members of WPA Section on Education in Psychiatry continue to exchange views about several issues, including the announcements of local or regional educational activities, preparation for symposia or workshops at the forthcoming WPA international congresses and plans for collaborative activities with Member Societies.

A major issue for our Section has recently been our **decision to enlarge our Section** with new active members from different Zones and Member Societies.

We want to make use of the opportunity to call the large family of psychiatrists of the

world, **through the WPA NEWS**. We believe this well-read media channel will enable our invitation to reach thousands of members of the WPA from around the globe. We are planning to reach each individual Member Society as well, to invite a representative of their National Section or Unit responsible for dealing with educational issues – if there is such a section or a unit at the national level.

We are hoping to get the support of Zonal Representatives for the promotion of our initiative.

We will be waiting for applications. Please contact Bulent Coskun (Chair of the Sec-

tion) or Adriana Miahi (Secretary of the Section) at 8bulentcoskun@gmail.com or ammihai2002@yahoo.com.

Bulent Coskun
Chair, WPA Section on Education in Psychiatry

WPA Scientific Meetings

Contact: WPA Secretary for Meetings, Tarek Okasha, tokasha@internetegypt.com



Upcoming Major WPA Scientific Meetings

June 2010

WPA Regional Meeting 10-12 June 2010 St. Petersburg, Russia

“Traditions and Innovations in Psychiatry”

Dear colleagues,

We are pleased to invite you to take part in the WPA Regional Meeting in St Petersburg which will be held on 10-12 June 2010 in the Hotel Park Inn Pribaltiyskaya.

The title of the Meeting is *“Traditions and Innovations in Psychiatry”*.

President of the Congress: Mario Maj
Director of the Congress: Valery Krasnov
Chairpersons of the Scientific Committee: Nikolai Neznanov and Pedro Ruiz
Chairpersons of the Organizing Committee: Tarek Okasha, Maya Kulygina, and Vladimir Mikhailov

The extended deadline for abstracts submission: 15 March 2010.

The official language will be English.

Abstracts should be sent to the Organizing Committee by e-mail to: conf@bekhterev.ru

- Abstracts should be no longer than 3000 characters. No figure, diagram or table can be included.

- The first line of abstracts should contain the title (capitalized); the second line should include the family name and the initial of the first name of each author; the third line should contain the affiliation(s) of the au-

thors, city, country; the fourth, e-mail of the presenting author with the last name.

- Please specify the type of session for which your contribution is proposed (poster or oral) and select the topic of your presentation (from the list of topics below).

Topics:

1. Affective spectrum disorders
2. Biological therapy of mental disorders
3. Child and adolescent psychiatry
4. Classification of mental disorders and its development
5. Clinical psychology and neuropsychology in psychiatry
6. Clinical psychopathology
7. Drug abuse and new types of addictions
8. Emergency and disaster psychiatry.
9. Ethical and legal issues in psychiatry
10. Gerontopsychiatry
11. Mental disorders in primary care and general medicine
12. Mental health – social, cultural, age and gender aspects
13. Neurosciences and psychiatry
14. Psychosocial therapy and rehabilitation
15. Psychotherapeutic approaches in psychiatric practice
16. Stigmatization, compliance and life quality of mentally ill patients
17. Suicidology

An expanded scientific programme for young psychiatrists is planned in the frames of Meeting.

You are welcome to the workshop “Humanistic aspects in psychiatric practice” by Prof. Michael Musalek (the number of participants is limited).

Organizing fee: 400/200 Euros; deadline for early registration: 15 March 2010, after this date 450/230 Euros; from 1 June 2010 480/250 Euros (the list of countries with reduced fee is on the website).



The Palace Bridge, St. Petersburg.

Sight-seeing tour “Welcome to St Petersburg” will be additionally included in the fee.

The website of the Congress is www.wpa2010spb.com

All details concerning accommodation, visa support and general information should be requested to the PCO Company Alta Astra by e-mail: info@altaastra.com

Contact person:

Manichev Andrei. Tel: +7 812 717 67 47

Organizing committee

Russian Society of Psychiatrists
E-mails: 1) krasnov@mtu-net.ru
2) wpameetingspb@gmail.com

Looking forward to seeing you personally in St. Petersburg!

E-mail: wpameetingspb@gmail.com

WPA International Congress 1-5 September 2010, Beijing, China

“Global psychiatry at the frontier: sharing the future”



China National Convention Center (CNCC).

The WPA International Congress “Global psychiatry at the frontier: sharing the future” will take place in Beijing, China from 1 to 5 September 2010, hosted by the Capital Medical University (CMU) and the Chinese Soci-



The Great Wall of China.

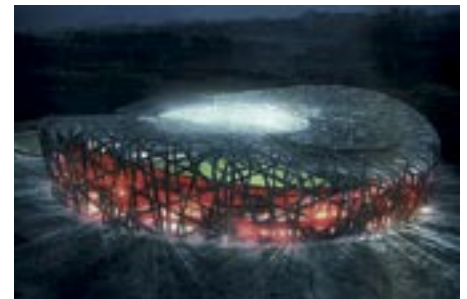
ety of Psychiatry (CSP). We will invite internationally renowned experts in the field of psychiatry and mental health to give keynote lectures as well as symposia and workshops

representing different fields of psychiatry and related disciplines. The component of the Congress will be Keynote Lectures, Update Symposia, Regular Symposia, Regional Symposia, Oral Communications, Workshops, Posters and Satellite Symposia.

The deadline for abstract submission is extended to **31 May 2010**. Any unpublished papers, theories and case reports relevant to the Congress topics are welcome.

As is well known the World Exposition will be held in Shanghai, China from 1 May to 31 October 2010. The World Exposition serves as an important platform for displaying historical experience, exchanging innovative ideas, demonstrating esprit de corps and looking to the future. The Exposition will be the first registered World Exposition in a developing country, which gives expression to the expectations the world’s people place on China’s future development.

We hope that you will be able to join us during the golden autumn of 2010 in Beijing, China to attend and participate in the scientific programme as well as visiting the world cultural heritage during or after the Congress, like the Forbidden City, the Great Wall of China, the Summer Palace, and the Ming Tombs and then take part in the World Exposition in Shanghai, China.



Bird's Nest Stadium, where the 2008 Olympic Games was held.

For further information, please visit the Website of the Congress www.wpa2010.org or contact the Congress Secretariats:

Congress Secretariat of the Organizing Committee

Contact persons:

- 1) Miss Ying Geng
- 2) Miss Yue Li
- 3) Miss Lu Zhuang

Tel: +86 10 67772039

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E-mail: wpasoc@wpa2010.org

Congress Secretariat of the Scientific Committee

Contact person:

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E-mail: wpamed@wpa2010.org

WPA Regional Meeting 26-28 January 2011 Cairo, Egypt

“Co-morbidity between mental and physical disorders”

INVITATION

People with mental disorders are at increased risk for several physical diseases and have a higher mortality for natural causes than the general population. Their access to physical health care is reduced and the quality of the physical care they receive is worse compared

to the general population. If we are really concerned about the quality of life of our patients and the protection of their civil rights, we cannot ignore that physical health is a crucial dimension of quality of life in these persons, and that access to a physical health care of the same quality as that available to the rest of the population is a basic right of these persons as human beings and as citizens.

This Regional Meeting will review the research evidence about the comorbidity between mental disorders and physical diseases, the factors which contribute to generate this comorbidity, and what can be done to address the problem.

The city of Cairo, which hosted an excellent World Congress of Psychiatry in the year 2005, will be the extremely attractive venue of the Regional Meeting, whose speakers will include many of the most renowned international experts in the field.

I look forward to meeting you in Cairo.

Prof. Mario Maj

President of WPA Regional Meeting - Cairo
President, World Psychiatric Association



The famous golden mask of King Tut-Anch-Amnoon (King Tut).

WELCOME

One of the main caveats of our current psychiatric classifications is the high prevalence of co-occurrence of psychiatric disorders because of the overlap of symptoms and blurring of delineation of disorders. What is more alarming is the high co-morbidity between physical and mental disorders. Recent studies revealed that the prevalence of cardiovascular, cerebrovascular, diabetes, hyperlipidaemia,

emphysema, etc ... are commoner in mental patients than in the general population. Our patients may have high threshold for pain and so many painful physical disorders are misdiagnosed and under diagnosed. The life span and quality of life of our mental patients are less than the general population. Clinical training and postgraduate curricula should have an emphasis on the co-morbid medical conditions with psychiatric disorders so that the psychiatrist should have proper access for diagnosis and management of their medical disorders. It is a good opportunity to highlight this co-morbidity in the next WPA regional symposium in Cairo where ancient Egyptians believed that the site of all mental illness was in the heart as revealed in Eber's papyrus and at treatment was physical rather than mystical.

You are welcome to Cairo to discuss what was realized 6000 years ago of the physical and mental co-morbidity.

Prof. Ahmed Okasha

Honorary President of WPA Regional Meeting - Cairo
President, Egyptian Psychiatric Association
President, Arab Federation of Psychiatrists
Past President, World Psychiatric Association

Mental disorders were known to Ancient Egyptians 5000 years ago. In spite of the mystical beliefs, psychiatric patients were cared for, and treated as were those with physical ailments; for example mental disorders were known as an integral part of heart and uterine disorders. Mental disorders were one entity in Pharonic Egypt.

The theme of this WPA Regional meeting to be held in Cairo, Egypt is "Co-morbidity between mental and physical disorders" which reflects one of the focuses of the WPA in this trienniums action plan. The meeting objective is to increase awareness to all mental health professionals about the high co-occurrence of mental and physical disorders and the strategy for early detection, intervention and management.

You are welcome in Egypt to be partners in the scientific program as well as to enjoy the heritage of Egypt.

Contact person: Prof. Tarek Okasha

Fax: +202 29200908

Email: tokasha@internetegypt.com

Website: www.wpacairo2011.com (under construction)

April 2011

WPA Regional Meeting 14-17 April 2011 Yerevan, Armenia

The Armenian Psychiatric Association is honored to invite mental health (MH) professionals to one of the oldest cities in the world, Yerevan, the capital of Armenia. Mount Ararat, the biblical resting place of Noah's Ark is an intrinsic part of the city's landscape. In April, visitors can enjoy the blossom of apricot and cherry trees, experience snow-capped mountains, and see many historical and cultural sights.

The scientific program includes but is not limited to the following topics: Current Issues of MH and Specifics of Transitional Period, Traditional and Contemporary MH Problems, MH in Public Health, Manmade and Natural Disasters, Treatment in Psychiatry, Ethical Issues in Psychiatry and Affective Disorders.

Internationally recognized keynote speakers are also invited.



The House of the Government of Armenia in the Republican Square of Yerevan.

Don't miss the opportunity to enjoy the nature of Armenia, to be acquainted with the cultural heritage of one of the ancient civilizations and experience Armenian hospitality.

Abstracts

Call for abstracts and symposia:

5 April 2010 (opening)

Deadline for submission:

15 December 2010

Registration

Early registration fee:

5 April (opening) to 15 December 2010

Regular registration fee:

15 December 2010 to 1 April 2011

President of the Congress: Mario Maj

Chairperson of the Organizing Committee:

Tarek Okasha

Director of the Congress: Armen Soghoyan

Local Organizers

Armenian Psychiatric Association

Armenian Medical Association

E-mail: yerevan2011wpa@apnet.am

Contact person: Armen Soghoyan

E-mail: soghoyan@yahoo.com

Website: www.apnet.am/conference 2011

15th World Congress of Psychiatry “World Psychiatry 2011: Our Heritage and Our Future” 18-22 September 2011 Buenos Aires, Argentina

The World Congress of Psychiatry, organized by the World Psychiatric Association every three years, is the main international scientific event in the field of psychiatry. The 15th World Congress aims to provide a comprehensive overview of those achievements which have stood the test of time (our heritage) and of the most promising current trends (our future) in the various areas of psychiatric research and practice, with the contribution of the most prominent experts of the various topics.

An outstanding scientific programme is being built up. The 24 Keynote Lectures and the 18 Core Symposia have been already finalized and are outlined in Tables 1 and 2.

In addition, the programme will include Regular Symposia, Workshops, WPA Section and Zonal Symposia, Oral Communication Sessions, Poster Sessions and Sponsored Events. The deadline for submission of Regular Symposia and Workshops is October 31, 2010. The deadline for submission of WPA Section and Zonal Symposia, Oral Communications and Posters is November 30, 2010. The guidelines for submission can be found on the website of the Congress (www.wpa-argentina2011.com.ar).

The official language of the Congress will be English. Simultaneous translation into Spanish and Portuguese will be available for Keynote Lectures, Core Symposia and selected Regular Symposia. There will be a special track in the scientific programme with Symposia and Oral Communication Sessions in Spanish or Portuguese.

Fellowships will be available for psychiatrists under 40 years of age and with no more than five years elapsed since completion of their psychiatric training. Selection criteria and guidelines for submission can be found on the website of the Congress.

An extremely attractive programme of tours for Congress participants and accompanying persons has been organized. Details can be found on the website of the Congress.

This is going to be a memorable event. Psychiatrists from all countries of the world are invited to attend and to contribute.

Table 1. 15th World Congress of Psychiatry – Keynote Lectures

- KL1. Classification and diagnostic systems (N. Sartorius)
- KL2. Genetics of mental disorders (P. McGuffin)
- KL3. Community mental health care (G. Thornicroft)
- KL4. Psychosocial rehabilitation (R.E. Drake)
- KL5. Culture and mental health (R. Alarcón)
- KL6. Neuroimaging of psychoses (P. McGuire)
- KL7. Cognitive-behavioural psychotherapies (K. Shear)
- KL8. Intermediate phenotypes in psychiatry (D.R. Weinberger)

- KL9. Psychiatry and general medicine (T. Wise)
- KL10. Clinical approach to schizophrenia (W.T. Carpenter Jr.)
- KL11. Clinical approach to bipolar disorder (E. Vieta)
- KL12. Clinical approach to major depression (M.E. Thase)
- KL13. Clinical approach to eating disorders (C. Fairburn)
- KL14. Clinical approach to personality disorders (A.E. Skodol)
- KL15. Clinical approach to anxiety disorders (D. Stein)
- KL16. Epidemiology of mental disorders (R.C. Kessler)
- KL17. Psychodynamic psychotherapies (P. Fonagy)
- KL18. New and old addiction disorders (C.P. O'Brien)
- KL19. Child psychiatry (J. Rapoport)
- KL20. Old age psychiatry (D. Jeste)
- KL21. Mental health consequences of trauma and violence (A.C. McFarlane)
- KL22. Ethics and human rights (F. Lolas)
- KL23. Women's mental health (D. Stewart)
- KL24. Epidemiology and prevention of suicide (M. Phillips)



Table 2. 15th World Congress of Psychiatry – Core Symposia

- CS1. Functional psychopathology (*Chairperson:* S. Kapur)
- CS2. Prevention of mental disorders and promotion of mental health (*Chairperson:* S. Saxena)
- CS3. The family of persons with severe mental illness (*Chairperson:* K.T. Mueser)
- CS4. Gene-environment interactions in mental disorders (*Chairperson:* N. Craddock)
- CS5. Pharmacotherapies in psychiatry: our heritage and our future (*Chairperson:* H.-J. Möller)
- CS6. Resilience and recovery in persons with mental disorders (*Chairperson:* A. Bellack)
- CS7. Early interventions in psychiatry (*Chairperson:* P.D. McGorry)
- CS8. Conflicts, terrorism and mental health (*Chairperson:* R.J. Ursano)
- CS9. Social brain and social cognition (*Chairperson:* R.I.M. Dunbar)
- CS10. Children with mental disorders do become adults (*Chairperson:* B. Birmaher)
- CS11. Globalization and mental health (*Chairperson:* D. Bhugra)
- CS12. Non-pharmacological somatic treatments in psychiatry (*Chairperson:* H.A. Sackeim)
- CS13. Mental health care in low-income countries (*Chairperson:* O. Gureje)
- CS14. Access and adherence to mental health care (*Chairperson:* V. Patel)
- CS15. Improving quality of mental health services (*Chairperson:* R. Jenkins)

Future WPA Scientific Meetings

April 2010

6-9 April 2010: The First International Congress of the Jordanian Association of Psychiatrists "Towards Better Mental Health", Amman, Jordan. Organizer: The Jordanian Association of Psychiatrists. Contact: Dr. Walid Sarhan. E-mail: sarhan@nets.com.Jo Website: <http://www.araborganizers.com.Jo>

13-15 April 2010: 6th International Conference of Psychiatry "New Models of Psychiatric Management", Jeddah, Saudi Arabia. Organizers: a) Saudi Psychiatric Association b) Saudi German Hospital. Collaboration: a) Egyptian Psychiatric Association b) Arab Federation of Psychiatrists. Contact: Dr. Mohamed Khaled. E-mail: moh.khaled.hamed@gmail.com Website: <http://www.sghgroup.com/sghg-Events-en-Jeddah-54.html>

16-19 April 2010: "International Society for Affective Disorders (ISAD) 5th Biennial Conference", Vancouver, Canada. Organizer: International Society for Affective Disorders (ISAD). Collaboration: WPA Section for Affective Disorders. Contact: Ms. Caroline Holebrook. E-mail: isad@isad.org.uk Website: www.isad.elsevier.com

17-18 April 2010: "Psychiatry between yesterday and today", Beirut (Hospital of the Cross), Lebanon. Organizer: Lebanese Society of Psychiatry. Collaboration: Saint Joseph University. Contact: Prof. Charles Baddoura. E-mail: Charlesb@dm.net.lb

17-20 April 2010: International Conference on Transcultural Psychiatry: "Cultural Diversity, Social Change and Mental Health", Shanghai, China. Organizers: a) WPA Section on Transcultural Psychiatry b) Chinese Psychiatric Society. Collaboration: a) Shanghai East Hospital b) Psychotherapy and Counselling Section of Chinese Mental Health Association. Contact: Dr. Xudong Zhao. E-mail: psychechina2010@gmail.com Website: www.psychechina2010.org.cn

21-24 April 2010: XXVI Argentine Congress of Psychiatry "Clinical, Psychopathology and Mental Health. Therapeutic Needs and Responses", Mar del Plata, Argentina. Organizers: a) Argentinean Psychiatrists Association (APSA) b) Association of Psychiatry and Medical Psychology of Mar del Plata. Contact: Dr. Alfredo Cia. E-mail: secretaria@apsa.org.ar Website: www.apsa.org.ar

May 2010

6-8 May 2010: 6th International Congress of Psychiatry "Mental Health and Neuroscience towards Professional Excellence", Sharm El Sheikh, Egypt. Organizer: Institute of Psychiatry, Ain Shams University Cairo, Egypt. Collaboration: a) Egyptian Psychiatric Association b) Arab Federation of Psychiatrists. Contact: Prof. Afaf H. Khalil. E-mail: profkhafaf@yahoo.com Website: www.asuip.net

6-8 May 2010: "XII Jornadas Nacionales de Patología Dual", Madrid, Spain. Organizer: Sociedad Española Patología Dual (SEPD). Collaboration: APAL. Contact: Dr. Nestor Szerman. E-mail: nestorszerman@wanadoo.es Website: www.patologiadual.es/XII_Jornadas

9-13 May 2010: "10th Congress of the European Federation of Sexology", Porto, Portugal. Organizer: European Federation of Sexology. Contact: Dr. Antonio Palha. E-mails: a) efs2010@aimgroup.it b) apalha@sapo.pt Website: www.efs2010.com

June 2010

10-12 June 2010: "WPA Regional Meeting", St. Petersburg, Russia. Organizer: Russian Society of Psychiatrists. Contact: Dr. Valery Krasnov. E-mail: krasnov@mtu-net.ru

10-13 June 2010: "VIII Czech Psychiatric Association Congress", Spindleruv Mlyn, Czech Republic. Organizer: Czech Psychiatric Association. Contact: Jiri Raboch. E-mail: CPSsjezd2010@guarant.cz Website: www.guarant.cz/CPSsjezd2010

13-16 June 2010: International Conference on Transcultural Psychiatry: "Migration, Next Generation and the Future of Psychiatry", Amsterdam, Netherlands. Organizers: a) WPA Section on Transcultural Psychiatry b) Netherlands Psychiatric Association. Collaboration: Scandinavian Network for Psychiatry and Psychology. Contact: Dr. Cornelis Laban. E-mail: cjlaban@hetnet.nl Website: www.tp2010.org

16-18 June 2010: Annual Meeting of the Egyptian Psychiatric Association "Psychiatric Education and Training for Clinical Excellence", Cairo, Egypt. Organizer: Egyptian Psychiatric Association. Collaboration: Arab Federation of Psychiatrists. Contact: Prof. Tarek Okasha. E-mail: tokasha@internetegypt.com

16-19 June 2010: "20th International Federation for Psychotherapy World Congress of Psychotherapy", Lucerne, Switzerland. Organizer: International Federation for Psychotherapy (IFP). Collaboration: Swiss Association for Psychiatry and Psychotherapy. Contact: Dr. Ulrich Schnyder. E-mail: Ulrich.schnyder@psyp.uzh.ch Website: www.ifp.name

25-26 June 2010: "Fourth Symposium of Transcultural Psychiatry", Barcelona, Spain. Organizer: University Hospital Vall d'Hebron. Collaboration: University Autònoma of Barcelona. Contact: Dr. Miguel Casas. E-mail: mcasas@vhebron.net

28-30 June 2010: 13th International Conference of the International Network for Philosophy and Psychiatry (INPP) "Real People: The Self in Mental Health and Social Care", Manchester, United Kingdom. Organizers: a) International Network for Philosophy and Psychiatry (INPP) b) International School for Communities, Rights and Inclusion (ISCRI) c) European Network of (ex) Users and Survivors of Psychiatry (ENUSP). Collaboration: WPA Section on Philosophy and Humanities in Psychiatry. Contacts: a) Chris Heginbotham b) Marian Lawrenson (ISCRI). E-mail: inpp2010@uclan.ac.uk Website: www.uclan.ac.uk/inpp2010

July 2010

1-3 July 2010: "1st International Congress on Borderline Personality Disorder", Berlin, Germany. Organizer: German Association for DBT. Collaboration: a) Association for Research in Personality Disorders (ARPD) b) Dutch Foundation for Psychiatry and Religion Austrian Association for Psychiatry and Psychotherapy (ÖGPP) c) Central Institute of Mental Health, Mannheim (CIMH) d) European Psychiatric Association (EPA) e) European Society for the Study of Personality Disorders (ESSPD) f) German Association for Psychiatry and Psychotherapy (DGPPN) g) International Society for the Study of Personality Disorders (ISSPD) h) Swiss Association for Psychiatry and Psychotherapy (SGPP). Contact: Dr. Thorsten Kienast, MD. E-mails: a) tkienast@schoen-kliniken.de b) borderline-congress@cpo-hanser.de Website: www.borderline-congress.org

7-11 July 2010: "IV Pan-American Congress on Child and Adolescent Mental Health", Havana, Cuba. Organizer: Cuban Society of Psychiatry. Collaboration: Cuban National Group for Child and Adolescent Psychiatry. Contact: Dr. Cristobal Martinez Gomez. E-mail: felices@infomed.sld.cu

10 July 2010: "Arte, Salud y Comunidad", Buenos Aires, Argentina. Organizer: WPA Section on Mass Media and Mental Health. Collaboration: FINTECO. Contact: Dr. Miguel A. Materazzi. E-mail: materazzi@arnet.com.ar

11-14 July 2010: WPA Section on Epidemiology and Public Health Meeting 2010 "Prediction in Psychiatric Epidemiology-From Childhood and Adolescence to Adulthood", Lisbon, Portugal. Organizer: WPA Section on Epidemiology and Public Health. Collaboration: Faculty of Medical Sciences, Nova University of Lisbon and Paris Descartes University. Contact: Prof. José Miguel Caldas de Almeida. E-mail: Caldasjm@fcm.unl.pt Website: <http://wpaepi2010.com>

August 2010

19-21 August 2010: "VII World Congress of Depressive Disorders and International Symposium on Posttraumatic Stress Disorder", Mendoza, Argentina. Organizer: University of Cuyo. Contact: Dr. Jorge Nazar. E-mail: Jorge_nazar@hotmail.com Website: www.mendoza2010.org

September 2010

1-5 September 2010: WPA International Congress "Global psychiatry at the frontier: sharing the future", Beijing, China. Organizers: a) Capital Medical University b) Beijing Anding Hospital of Capital Medical University. Collaboration: Chinese Society of Psychiatry. Contact: Dr. Gang Wang. E-mail: general@wpa2010.org Website: www.wpa2010.org

9-12 September 2010: "International Conference from Adolescence to Adulthood - Normality and Psychopathology", Larnaca, Cyprus. Organizer: Cyprus Psychiatric Association. Collaboration: a) European Society for Child and Adolescent Psychiatry (ESCAP) b) Hellenic Psychiatric Association c) Hellenic Society of Child and Adolescent Psychiatry. Contact: Ms Anna Sophokleous. E-mails: a) anna.s@topkinisis.com b) synedrio@topkinisis.com Website: www.topkinisis.com/AANP

18 September 2010: "Sociedad, Multitud y Salud Mental", Buenos Aires, Argentina. Organizer: WPA Section on Mass Media and Mental Health. Collaboration: FINTECO. Contact: Dr. Miguel A. Materazzi. E-mail: materazzi@arnet.com.ar

23-25 September 2010: "IV Congreso Paraguayo de Psiquiatria", Asuncion, Paraguay. Organizer: Paraguayan Society of Psychiatry. Contact: Dr Andres Arce. E-mail: andresarce@tigo.com.py

October 2010

4-7 October 2010: 12th Annual Meeting of the International Society of Addiction Medicine (ISAM) "Bridging the gap between science and clinical practice in the addiction field", Milan, Italy. Organizer: International Society of Addiction medicine (ISAM). Collaboration: WPA Section on Addiction Psychiatry. Contact: Dr. Giancarlo La Pietra. E-mail: isam2010@unimib.it Website: www.isam2010.medicina.unimib.it

5-7 October 2010: The First National Conference of Psychiatry for the Saudi Psychiatric Association "Mental Health in a Socio-cultural Perspective", Al-Khobar, Saudi Arabia. Organizer: Saudi Psychiatric Association. Collaboration: a) King Faisal University, Medical Education b) British Arab Psychiatric Association c) Institute of Psychiatry Ain Shams University. Contact: Dr. Mohamed Khaled. E-mail: spa@kfu.edu.sa OR spakfu@yahoo.com Website: www.saudipsych.org

18-22 October 2010: "XIV Spanish Congress of Psychiatry", Barcelona, Spain. Organizers: a) Spanish Society of Psychiatry b) Spanish Society of Biological Psychiatry. Contacts: a) Prof. Julio Vallejo b) Prof J.M. Menchon. E-mail: secretaria@psiquiatriabarcelona2010.org Website: www.psiquiatriabarcelona2010.org

22-24 October 2010: "4th International Conference of Schizophrenia (ICONS)", Chennai, India. Organizer: The Schizophrenia Research Foundation (SCARF). Contact: Dr. R. Thara. E-mail: scarf@vsnl.com Website: www.icons-scarf.org

23-27 October 2010: XXth World Congress of Social Psychiatry "Promoting the Integration of Health and Mental Health", Marrakech, Morocco. Organizer: World Association of Social Psychiatry (WASP). Contacts: a) Prof. Julio Arboleda Florez b) Prof. Driss Moussaoui. E-mails: a) julio.arboleda-florez@queensu.ca b) drissm49@gmail.com Website: www.wasp2010.com

28-31 October 2010: "Pacific Rim College of Psychiatrists (PRCP) 14th Scientific Meeting", Brisbane, Queensland, Australia. Organizer: Pacific Rim College of Psychiatrists. Collaboration: a) Australian and New Zealand Association of Mental Health b) Royal Australian and New Zealand College of Psychiatrists. Contact: Prof. Philip Morris. E-mail: pmorris@iprimus.com.au Website: www.prcp.org

October-November 2010

30 October-1 November 2010: International Conference on Transcultural Psychiatry: "Migration, Mental Health and Transcultural Psychiatry in the 21st Century", Barcelona, Spain. Organizer: WPA Section on Transcultural Psychiatry. Collaboration: University of Barcelona, Sant Pere Claver Hospital. Contact: Dr. Joseba Achotegui. E-mail: jachoteguiloizate@ub.edu Website: www.congresowpabarcelona2010.com

November 2010

4-6 November 2010: "International Symposium on Psychiatry and Religious Experience", Ávila, Spain. Organizers: a) the International Juan J. López-Ibor Foundation b) WPA Section on Religion and Psychiatry. Collaboration: a) University of Mystic-CITES b) Dutch Foundation for Psychiatry and Religion c) Castilla and Leon Society of Psychiatry. Contact: Dr. Peter J. Verhagen. E-mail: verhagen.p@wxs.nl Website: www.religionandpsychiatry.com

18-21 November 2010: "4th Dual Congress on Psychiatry and the Neurosciences", Thessaloniki, Greece. Organizer: Hellenic Society for the Advancement of Psychiatry and Related Sciences. Collaboration: a) World Federation of Societies of Biological Psychiatry (WFSBP) b) International Neuropsychiatric Association (INA). Contact: Prof. C. Soldatos. E-mail: egslelabath@hol.gr Website: www.ina-wfsbp-dualcongress.gr

24-27 November 2010: "DGPPN Congress 2010" Berlin, Germany. Organizer: German Association for Psychiatry and Psychotherapy (DGPPN). Contact: Michael Grözinger, M. D. E-mail: dgppn@ukaachen.de Website: www.dgppn-kongress.de/en

December 2010

8-10 December 2010: "11th Pan Arab Psychiatric Conference", Khartoum Sudan. Organizers: a) Sudanese Association of Psychiatrists b) Arab Federation of Psychiatrists. Contact: Prof. Abdullah Abdelrahman. E-mail: a_abdelrahman53@hotmail.com

10-12 December 2010: "Meeting of the African Association of Psychiatrists and Allied Professions", Khartoum Sudan. Organizers: a) Sudanese Association of Psychiatrists b) African Association of Psychiatrists and Allied Professions. Contact: Prof. Abdullah Abdelrahman. E-mail: a_abdelrahman53@hotmail.com

17-19th December 2010: International Psychiatric Conference of Pakistan Psychiatric Society "Awareness and Prevention Strategies for Psychiatric Disorders in Developing Countries", Islamabad Pakistan. Organizer: Pakistan Psychiatric Society. Contact: Asima Khan. E-mail: Psychpims@yahoo.com Website: www.pps.pak.com

January 2011

26-28 January 2011: WPA Regional Meeting "Co-morbidity between mental and physical disorders", Cairo, Egypt. Organizer: Egyptian Psychiatric Association. Contact: Prof. Tarek A. Okasha. E-mail: tokasha@internetegypt.com Website: www.wpacairo2011.com

March 2011

16-19 March 2011: 4th World Congress on Women's Mental Health "Biological, psychological, and socio-cultural aspects of women's mental health", Madrid, Spain. Organizer: International Association for Women Mental Health (IAWMH). Collaboration: WPA Section on Women's Mental Health. Contact: Debra Tucker. E-mail: debra@iawmh.org Website: www.iawmh.org

7-11 March 2010: "Psicohabana 2010", Habana, Cuba. Organizer: WPA Section on Classification, Diagnostic Assessment and Nomenclature. Collaboration: Cuban Society of Psychiatry. Contact: Dr. Wilfredo Castillo Donate. E-mail: hph@infomed.sld.cu

21-25 March 2011: "16th World Congress of the World Association for Dynamic Psychiatry (WADP)" Munich, Germany. Organizer: World Association for Dynamic Psychiatry. Contact: Dr. Sabine Funk. E-mail: Lauraschreier@yahoo.de Website: www.wadp-congress.de

25-27 March 2011: "10th Workshop on Costs and Assessment in Psychiatry - Mental Health Policy and Economics", Venice, Italy. Organizer: WPA Section Mental Health Policy and Economics. Contact: Dr. Massimo Moscarelli E-mail: moscarelli@icmpe.org Website: www.icmpe.org

April 2011

14-17 April 2011: "WPA Regional Meeting", Yerevan, Armenia. Organizer: Armenian Association of Psychiatrists. Contact: Dr. Armen Soghoyan. E-mail: soghoyan@yahoo.com

May 2011

10-11 May 2011: "IAPA-New Zealand International Conference on Schizophrenia", Invercargill, New Zealand. Organizer: Indo Australasian Psychiatric Association. Contact: Dr. Russell D'Souza. E-mails: russell.f.dsouza@gmail.com / rdsouza1@bigpond.net.au Websites: www.iapa.com.au / www.afpapsy.com

22-26 May 2011: "Royal Australian and New Zealand College of Psychiatrists (RANZCP) 2011 Annual Congress", Darwin, Northern Territory, Australia. Organizer: Royal Australian and New Zealand College of Psychiatrists (RANZCP). Contact: Louise Hain. E-mail: Louise.Hain@ranzcp.org Website: www.ranzcp.org

June 2011

9-12 June 2011: WPA Thematic Conference "Rethinking Quality in Psychiatry: Education, Research, Prevention, Diagnosis and Treatment", Istanbul, Turkey. Organizers: a) Psychiatric Association of Turkey b) Turkish Neuropsychiatric Association. Contact: Dr. Levent Kuey. E-mail: kuey1@superonline.com

July - August 2011

31 July-4 August 2011: "3rd World Congress of Asian Psychiatry", Melbourne Australia. Organizer: Asian Forum Australasia and Australian Asian Medical Federation. Contact: Dr. Russell D'Souza. E-mail: russell.f.dsouza@gmail.com / rdsouza1@bigpond.net.au Website: www.afpapsych.com

September 2011

18-22 September 2011: "XV World Congress of Psychiatry", Buenos Aires, Argentina. Organizers: a) Argentinean Association of Psychiatrists (AAP) b) Argentinean Psychiatrists Association (APSA) c) Foundation for Interdisciplinary Investigation of Communication (FINTECO). Contact: Mariano R. Castex. E-mail: mcastex@congresosint.com.ar Website: www.congresosint.com.ar

September - October 2011

29 September-1 October 2011: "3rd European Conference on Schizophrenia Research (ECSR)", Berlin, Germany. Organizer: Competence Network on Schizophrenia. Contact: Dr. Victoria Toeller. E-mails: a) Viktoria.Toeller@ivr.de b) info@kompetenznetz-schizophrenie.de Website: www.schizophrenianet.eu

October 2011

5-8 October 2011: "II International Congress Dual Disorders Addictive Behaviors and Other Mental Disorders", Barcelona, Spain. Organizer: Sociedad Española Patología Dual (SEPD). Collaboration: NIDA (National Institute on Drug Abuse, EEUU) and APAL. Contact: Prof. Miguel Casas. E-mail: mcasas@vhebron.net. Website: www.cipd2011.com

November 2011

12-13 November 2011: "WPA Regional Meeting", Taipei, Taiwan. Organizer: Taiwanese Society of Psychiatry. Contact: Dr. Chiao-Chicy Chen. E-mail: twpsyc@ms61.hinet.net

24-27 November 2011: "2nd International Congress on Neurobiology, Psychopharmacology and Treatment Guidance", Thessaloniki, Greece. Organizer: International Society on Neurobiology and Psychopharmacology (ISNP). Collaboration: WPA Section on Psychiatry in Private Practice. Contact: Dr. Kostas N. Fountoulakis. E-mail: kfount@med.auth.gr Website: www.psychiatry.gr

February 2012

9-11 February 2012: WPA Thematic Conference "Community Psychiatry and Family Medicine: Joint Promotion of Mental Health Care", Granada, Spain. Organizers: a) World Psychiatric Association b) Spanish Association of Neuropsychiatry. Collaboration: a) WONCA International & WONCA Europe b) University of Granada. Contact: Dr. Francisco Torres. E-mail: ftorres@ugr.es

March 2012

29-31 March 2012: WPA Thematic Conference "Addiction Psychiatry", Barcelona, Spain. Organizer: Socidrogalcohol. Contact: Dr. Julio Bobes Garcia. E-mails: a) bobes@ctv.es b) bobes@uniovi.es

September 2012

13-15 September 2012: "WPA Regional Meeting", Bali, Indonesia. Organizer: Indonesian Psychiatric Association. Contact: Dr. Tun Kurniasih Bastaman. E-mail: tunbastaman@yahoo.com

October 2012

17-21 October 2012: "WPA International Congress", Prague, Czech Republic. Organizer: Czech Psychiatric Association. Contact: Dr. Jiri Raboch. E-mail: wpaic2012@guarant.cz Website: www.wpaic2012.org

January 2013

10-12 January 2013: "WPA Regional Meeting", Asuncion, Paraguay. Organizer: Paraguayan Society of Psychiatry. Contact: Dr. Jose Britez Cantero. E-mail: sociedad@psiquiatriaparaguaya.org

April 2013

10-13 April 2013: "WPA Regional Congress", Bucharest, Romania. Organizer: Romanian Psychiatric Association. Contact: a) Dr. Dan Prelipceanu b) Dr. Eliot Sorel. E-mails: a) Dr. Dan Prelipceanu (prelipceanudan@yahoo.com) b) Dr. Eliot Sorel (esorel@gmail.com)

June 2013

12-14 June 2013: "Third Thematic Conference on Legal and Forensic Psychiatry", Madrid, Spain. Organizer: Spanish Society of Legal Psychiatry. Contact: Dr. Alfredo Calcedo Barba. E-mail: alfredoclacedo@gmail.com

February 2014

6-8 February 2014: "WPA Regional Meeting", Kampala, Uganda. Organizer: Uganda Psychiatric Association. Contact: Dr. Fred Kigozi. E-mails: a) buthosp@infocom.co.ug b) fredkigozi@yahoo.com

September 2014

13-18 September 2014: "XVI World Congress of Psychiatry", Toronto, Canada. Organizer: Canadian Psychiatric Association. Contact: Heather Cleat. E-mail: HCleat@cpa-apc.org

WPA PUBLICATIONS

Contact: WPA Secretary for Publications, Helen Herrman, h.herrman@unimelb.edu.au



WPA PUBLICATIONS: BOOKS AND JOURNALS

Helen Herrman

WPA Secretary for Publications

The WPA publications program aims to promote the goals of the Association and specifically to: 1) disseminate information about clinical, service and research developments in the mental health field to the largest possible number of psychiatrists and health professionals across the world; 2) promote and give visibility to good quality research carried out in low and middle income countries.

These goals are pursued through the official journal of the Association, *World Psychiatry*, the publication of books on topics relevant to the ethical and successful practice of modern psychiatry and illustrating partnerships with important groups in doing this, efforts to promote wide availability of published materials, and offering support to psychiatric journals in low- and middle-income countries. The WPA journals and published, new and forthcoming books are described here.



World Psychiatry, edited by WPA President Prof Mario Maj, is a high quality journal of international mental health, widely disseminated to all countries. It supports publication of material from authors of all regions and

countries. It publishes research articles from around the world, balanced with a significant proportion of Special Articles, Forums, Mental Health Policy Papers, Section Reports and WPA News, with the participation of many of the most highly cited authors in our field, aiming to keep the readership informed on significant clinical, service and research developments in mental health as well as on WPA initiatives. It is now distributed to more than 32,000 psychiatrists worldwide. It is produced in English, Spanish, Chinese and Russian languages, in partial translation in Romanian, and a new edition in French language is about to be launched. The possibilities of publishing *World Psychiatry* and translating articles in other languages including Japanese are under exploration. The journal is now indexed by Pub Med, and full articles and abstracts from its inception in January 2002 are available online through PubMed as well as the WPA website.

In July 2006 *World Psychiatry* was accepted for inclusion in the Current Contents and in the Science Citation Index. Its first impact factor, released in June 2009 is 3.896, ranking it as the 24th of 101 indexed psychiatric journals.

The *WPA Bulletin on Depression* is edited by Prof Driss Moussaoui. It aims to provide education for primary care doctors and residents in psychiatry. Two issues have been published each year, since 1993 and this will be increased to 3. 50,000 copies are distributed worldwide in 5 different languages (sometimes up to 8 different languages).

The series *Evidence and Experience in Psychiatry* is a highly successful publishing venture that compares research evidence and clinical experience concerning the diagnosis and management of the most common mental disorders. Each volume of the series covers a specific mental disorder, by means of a set of systematic reviews of the research evidence, each followed by commentaries produced by psychiatrists from various countries and representing different schools of thought. Nine volumes exist, several in second edition and several translated into various languages including Russian, Spanish, Portuguese, Italian and Turkish. A third edition of *Depressive Disorders* was published in August 2009 and a volume is forthcoming on *Substance Abuse Disorders*.

The series *Anthologies of International Psychiatric Texts (Series Director D. Moussaoui)* and *Anthologies Online*. The books in this series include classical texts produced by psychiatrists of a given country or group of countries published in English for the first time, accompanied by essays on their authors. In recognition of their value to psychiatrists everywhere, electronic versions of the French, Spanish, Italian and German volumes, are now published online by Wiley-Blackwell. These are available through the WPA website and link to Wiley-Blackwell Interscience.

Publishing developments in partnership with WPA. All Wiley-Blackwell books published for WPA are available online. Publishing agreements with Rowman & Littlefield allow books published by Rowman & Littlefield to be placed on the WPA website for free access 18 months after publication date. Translation into additional languages (current for *World Psychiatry* and volumes in *Evidence and Experience* series), and appropriate ways to disseminate books and electronic content to colleagues in low- and middle-income countries are under continuing discussion with publishers.

WPA Books Published by Wiley-Blackwell. All available at 20% discount price to members of WPA Member Societies, through link from www.wpanet.org/publications

Forthcoming

Parenthood and Mental Health: A bridge between infant and adult psychiatry. Editors: Tyano S, Keren M, Herrman H, Cox J. Due April 2010.

Substance Abuse. WPA Series Evidence and Experience in Psychiatry. Editors: Ghodse H, Herrman H, Maj M, Sartorius N. Due mid-2010.

Depression and Diabetes. Editors W Katon, M Maj, N Sartorius. Due July 2010.

Depression and Cancer. Editors D Kissane, M Maj, N Sartorius. Due September 2010.

Depression and Heart Disease. Editors A Glassman, M Maj, N Sartorius. Due October 2010.

New

Advances in Psychiatry, Third volume. Editors: George N. Christodoulou, Miguel Jorge, Juan E. Mezzich, Beta Medical Arts, Athens, Greece, 2009/ 289 pages. ISBN 9789604520824

Contemporary Topics in Women's Health: Global perspectives in a changing society. Editors: Prabha S. Chandra, Helen Herrman, Jane Fisher, Marianne Kastrup, Unai Niaz, Marta Rondon, and Ahmed Okasha. September 2009 / Hardback / 544 pages. ISBN 9780470754115

Depressive Disorders, 3rd Edition. WPA Series Evidence and Experience in Psychiatry. Editors: Helen Herrman, Mario Maj and Norman Sartorius. August 2009 / Hardback / 344 pages. ISBN 9780470987209

Handbook of Service User Involvement in Mental Health Research. Editors: Jan Wallcraft, Beate Schrank, and Michaela Amering. Foreword: George Szmukler. April 2009 / Hardback / 272 pages. ISBN 9780470997956

Recovery in Mental Health: Reshaping scientific and clinical responsibilities. Michaela Amering and Margit Schmolke. Translation: Peter Stastny. June 2009 / Hardback / 280 pages. ISBN 9780470997963

Psychiatrists and Traditional Healers: Unwitting partners in global mental health. Editors: Mario Incayawar, Ronald Wintrob, and Lise Bourchard. Honorary Editor: Goffredo Bartocci. March 2009 / Hardback / 296 pages. ISBN 9780470516836

Psychiatric Diagnosis: Challenges and prospects. Editors: Ihsan M. Salloum and Juan E. Mezzich. March 2009 / Hardback / 328 pages. ISBN 9780470725696

Religion and Psychiatry: Beyond Boundaries. Editors: Peter J. Verhagen, Herman M. van Praag, Juan J. López-Ibor Jr., John Cox and Driss Moussaoui. December 2009 / Hardback. ISBN 9780470694718

See also **Online Anthologies of International Psychiatric Texts** (below)

Published

Disaster and Mental Health. Editors: Juan José López-Ibor, George Christodoulou, Mario Maj, Norman Sartorius, and Ahmed Okasha. 2004. ISBN 9780470021231

Early Detection and Management of Mental Disorders. Editors: Mario Maj, Juan José López-Ibor, Norman Sartorius, Mitsumoto Sato, and Ahmed Okasha. 2005. ISBN 9780470010839

Families and Mental Disorder: From Burden to Empowerment. Editors: Norman Sartorius, Julian Leff, Juan José López-Ibor, Mario Maj, and Ahmed Okasha. 2005. ISBN 9780470023822

Psychiatry as a Neuroscience. Editors: Juan José López-Ibor, Wolfgang Gaebel, Mario Maj and Norman Sartorius. 2002. ISBN 9780471496564

Psychiatry in Society. Editors: Norman Sartorius, Wolfgang Gaebel, Juan José López-Ibor and Mario Maj. 2002. ISBN 9780471496823

Psychiatric Diagnosis and Classification. Editors: Mario Maj, Wolfgang Gaebel, Juan José López-Ibor, and Norman Sartorius. 2002. ISBN 9780471496816

Evidence and Experience in Psychiatry Series

Bipolar Disorders. Editors: Mario Maj, Hagop S. Akiskal, Juan José López-Ibor, and Norman Sartorius. 2002. ISBN 9780471560371

Dementia, 2nd Edition. Editors: Mario Maj and Norman Sartorius. 2003. ISBN 9780470849637

Depressive Disorders, 3rd Edition: Editors: Helen Herrman, Mario Maj and Norman Sartorius. August 2009 / Hardback / 344 pages. ISBN 9780470987209

Eating Disorders. Editors: Mario Maj, Katherine Halmi, Juan José López-Ibor, and Norman Sartorius. 2003. ISBN 9780470848654

Obsessive-Compulsive Disorders, 2nd Edition. Editors: Mario Maj, Norman Sartorius, Ahmed Okasha, and Joseph Zohar. 2003. ISBN 9780470849668

Personality Disorders. Editors: Mario Maj, Hagop S. Akiskal, and Juan E. Mezzich. 2005. ISBN 9780470090367

Phobias. Editors: Mario Maj, Hagop S. Akiskal, Juan José López-Ibor, and Ahmed Okasha. 2004. ISBN 9780470858332

Schizophrenia, 2nd Edition. Editors: Mario Maj and Norman Sartorius. 2003. ISBN 9780470849644

Somatoform Disorders. Editors: Mario Maj, Hagop S. Akiskal, Juan E. Mezzich, and Ahmed Okasha. 2005. ISBN 9780470016121

The Mental Health of Children and Adolescents: An area of global neglect. Editors: Helmut Remschmidt, Barry Nurcombe, Myron Lowell Belfer, Norman Sartorius, and Ahmed Okasha. 2007. ISBN 9780470512456

Anthologies and Online Anthologies of International Psychiatric Texts (Series Director D. Moussaoui) Online at: www.interscience.wiley.com/onlinebooks (via link from www.wpanet.org/publications)

Anthology of German Psychiatric Texts. Editor: Henning Sass. 2007 / 526 pages. Adobe E-Book. ISBN 9783000204258

Anthology of Spanish Psychiatric Texts. Editor: Juan José López-Ibor, Carlos Carbonell Masiá, and Jean Garrabé. 2001 / 552 pages. Adobe E-Book. ISBN 9780470986745

Anthology of Italian Psychiatric Texts. Editors: Mario Maj and Filippo M. Ferro. 2002 / 432 pages. Adobe E-Book. ISBN 9780470986707

Anthology of French Language Psychiatric Texts. Editors: François-Régis Cousin, Jean Garrabé, and Denis Morozov. 1999 / 552 pages. Adobe E-Book. ISBN 9780470986721

Other WPA Books

Advances in Psychiatry. Editor: George N. Christodoulou, Beta Medical Arts, Athens, Greece, 2002 (232 pages).

Advances in Psychiatry, Second volume. Editor: George N. Christodoulou, World Psychiatric Association, Paris, France, 2005/282 pages. ISBN 2902050046

Advances in Psychiatry, Third volume. Editors: George N. Christodoulou, Miguel Jorge, Juan E. Mezzich, Beta Medical Arts, Athens, Greece, 2009/ 289 pages. ISBN 9789604520824

Essentials of Clinical Psychiatry for sub-Saharan Africa. Editors: Frank G. Njenga, Wilson Acuda, Vikram Patel, and Mario Maj. Published by Masson, Milano 2005.

Images in Psychiatry: An Arab Perspective. Editors: Ahmed Okasha and Mario Maj. Co-editors: Aida Seif El Dawla and Tarek Okasha. Published by Scientific Book House, Cairo 2001.

Images of Psychiatry: The Caribbean. Editors: Frederick W. Hickling and Eliot Sorel. Published by Stephenson's Press Limited, Jamaica 2005.

Images in Psychiatry: Poland. Editors: Adam Bilikiewicz and Janusz Rybakowski. Published by Via Medica, Gdansk 2002. ISBN 8372583374

Images of Psychiatry: Romania. Editors: Eliot Sorel and Dan Prelepceanu. Published by InfoMedica, Bucharest 2004.

Images of Spanish Psychiatry. Editors: Juan José López-Ibor, Carmen Leal Cercós and Carlos Carbonell Masiá. Editorial Glosa 2004. ISBN 847429200X

Images in Psychiatry: German Speaking Countries, Austria; Germany; Switzerland. Editors: Eugen M. Wolpert, Konrad Maurer, Aicha Hind Rifai, Ernst Ulrich Vorbach, and Martin Hambrecht. Published by Universitätsverlag WINTER Heidelberg 2006 ISBN 382531670X

Psychiatry and Sexual Health: An Integrative Approach. Editors: Juan E Mezzich and Ruben Hernandez-Serrano on behalf of the WPA Educational Program on Sexual Health. Published by Jason Aronson, USA 2006 (an imprint of Rowman & Littlefield Publishers). Available on-line at www.rowmanlittlefield.com.

WPA Scientific Sections Journals

Addiction Psychiatry – *Addictive Disorders and Their Treatment*

Affective Disorders – *Journal of Affective Disorders*

Art and Psychiatry – *The Healing Art*

Women's Mental Health – *Archives of Women's Mental Health*

Biological Psychiatry – *Acta Neuropsychiatrica*

Classification, Diagnostic Assessment and Nomenclature – *Psychopathology*

Clinical Psychopathology – *Psychopathology*

Ecology, Psychiatry and Mental Health – *Ecology, Psychiatry and Mental Health* (online)

Ecology, Psychiatry and Mental Health – *Idee in Psichiatria*

Intellectual Disability – *Journal of Intellectual Disability Research*

Mass Media and Mental Health – *Revista Electrónica de FINTECO* (online)

Measurement Instruments in Psychiatric Care – *Acta Neuropsychiatrica*

Mental Health Economics – *The Journal of Mental Health Policy and Economics*

Preventive Psychiatry – *Psichiatriki*

Psychiatric Rehabilitation – *International Journal of Mental Health*

Psychiatry in Private Practice – *The International Journal of Psychiatry in Clinical Practice and Annals of General Psychiatry*

Research Methods in Psychiatry – *Dialogues in Clinical Neurosciences*

Transcultural Psychiatry – *Transcultural Psychiatry*

(Recent additions highlighted in bold)



March 2010 |

WPA Executive Committee

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The World Psychiatric Association (WPA)

The WPA is an association of national psychiatric societies aimed to increase knowledge and skills necessary for work in the field of mental health and the care for the mentally ill. Its member societies are presently 135, spanning 117 different countries and representing more than 200,000 psychiatrists.

The WPA organizes the World Congress of Psychiatry every three years. It also organizes international and regional congresses and meetings, and thematic conferences. It has 65 scientific sections, aimed to disseminate information and promote collaborative work in specific domains of psychiatry. It has produced several educational programmes and series of books. It has developed ethical guidelines for psychiatric practice, including the Madrid Declaration (1996).



What are its Aims?

The core missions of WPA include the following:

- To encourage the highest possible standards of clinical practice
- To increase knowledge and skills about mental disorders and how they can be prevented and treated
- To promote mental health
- To promote the highest possible ethical standards in psychiatric work
- To disseminate knowledge about evidence-based therapy and values based practice
- To be a voice for the dignity and human rights of the patients and their families, and to uphold the rights of psychiatrists
- To facilitate communication and assistance especially to societies who are isolated or whose members work in impoverished circumstances

WPA Secretariat

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